## Redefining Autism: A new framing for more effective early childhood interventions and policy

Alliance for Early Success: Every Child, Every State Virtual, May 19, 2021



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## Thanks & Disclosure

- Thank you Dr. Warren Jones, my wonderful colleagues and students, and the children and families who participated in our studies over the years at Yale and at Emory
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- Dr. Klin's research is also supported by grants from the Eunice Kennedy Shriver National Institute of Child Health and Human Development, The Marcus Foundation, and The J B Whitehead Foundation, as well as contributions from the Georgia Research Alliance.
- This presentation includes research related to investigational device development.
- Dr. Klin is an inventor and patent holder of investigational device technologies licensed in 2020 to EarliTec Diagnostics.
- EarliTec Diagnostics is a company that develops medical technologies for early diagnosis of autism and gives revenue to support treatment of children with autism.
   Dr. Klin is an equity holder in EarliTec Diagnostics.
- Dr. Klin's external activity with EarliTec Diagnostics has been reviewed and approved by Emory University's Conflict of Interest Review Office and by Emory University School of Medicine's Dean's Office.

## Public Health Challenge



Let your child's doctor or nume know if you are interested in



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## Autism is a Public Health Challenge

- Prevalence: 1:54 autism; more than any other complex neurodevelopmental condition
- 73,000 children born every year in the US will have autism
- Autism Societal Cost/Year in the US: \$ 126 billion
- Autism Lifetime Cost of Care Per Child: \$ 1.5 2.4 million
- Importance of early diagnosis and intervention for lifelong outcome and cost of care
- American Academy of Pediatrics recommends screening for autism at 18 and 24 months
- Autism median age of diagnosis in US: 4-0 to 5.7 years
- Not enough expert clinicians, major healthcare disparities
- 5-6 hours of evaluation, costly, not accessible, not available (gold standard used in < 6% of the population of children with ASD)</p>









## Healthcare Disparities in ASD at a Glance

- The burden of intellectual disabilities (ID) in 8-year-olds with ASD
  - Ascertainment: Rates per 1000 for White (W), Black (B) and Hispanic (H)
  - ID: IQ <70, percentages for White (W), Black (B) and Hispanic (H)

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CDC ADDM 2012, 2014, and 2016 cohorts (Christensen et al., 2016, Baio et al, 2018, and Maenner et al., 2020)
Ascertainment:

(W): 15.5/1000; (B): 13.2/1000; (H): 10.1/1000
(W): 17.2/1000; (B): 16.0/1000; (H): 14.0/1000
(W): 18.5/1000; (B): 18.3/1000; (H): 15.4/1000

Burden of ID:

(W): 21.3%; (B): 43.9%; (H): 24.7%
(W): 22.0%; (B): 44.0%; (H): 35.0%
(W): 27.0%; (B): 47.0%; (H): 36.0%
```

Intellectual Disability Burden Among AA children is almost double that in W children

## In regards to AA children with ASD

- AA children (and Latino children) with ASD, on average, are diagnosed later, are more likely to have carried non-ASD diagnoses, have poorer access to healthcare services, and are less likely to have a medical home.
- Constantino, Abbacchi, et al. "Timing of Autism in African American Children", *Pediatrics* (2020); accompanied by Pediatrics editorial on structural racism and healthcare access to developmental services
- Largest-available repository of diagnosis and phenotypic information on AA children with ASD (N=584) - Event History Calendar Interviews
  - Average age of ASD diagnosis was 64.9 months (+/- 49.6), on average 42.3 months (+/- 45.1) following parents' first concerns about their children's development
    - Age Parental First Concerns: 23.0 (17.9)
    - Age Parent First Shared Concerns with a Professional: 29.1 (23.1)

A "Diagnostic Odyssey", and that's only the beginning of the journey

# **Public Health Opportunity**

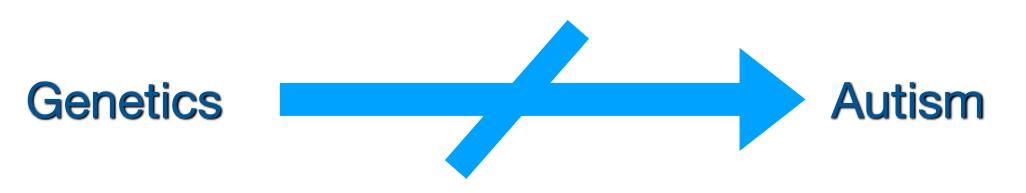


#### **Redefining Autism**

# Autism symptoms RESULT from deviations from normative socialization



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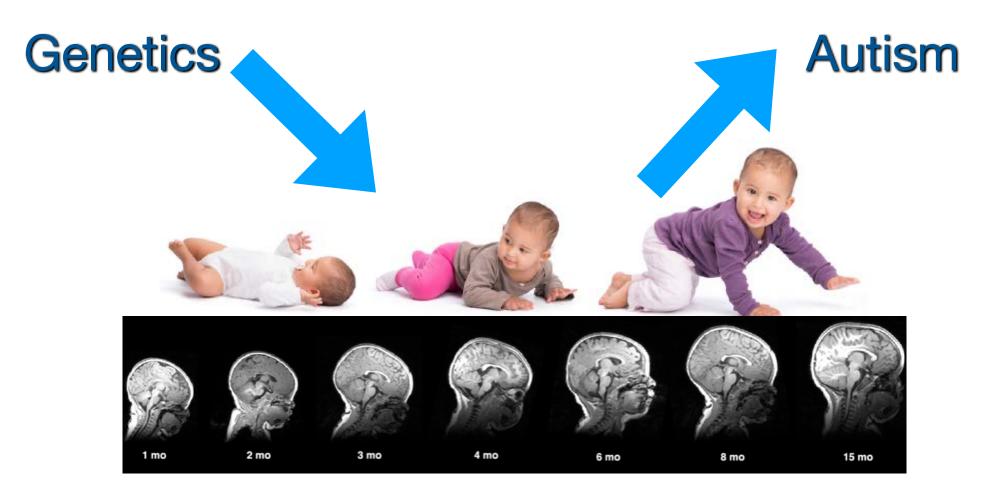


Jones et al. (2008). Arch Gen Psy; Klin et al. (2009). Nature; Jones & Klin (2009). J Am Acad of Child Psy; Jones & Klin (2013). Nature; Klin et al. (2014). Neurosci Biobehav Rev; Moriuchi et al. (2017). Am J Psy; Constantino et al. (2017). Nature; Shultz et al. (2018). TICS. Klin et al. (2020) D&P.

Autism symptoms RESULT from deviations from normative socialization



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## **Normative Behavior & Brain Development**

Jones et al. (2008). Arch Gen Psy; Klin et al. (2009). Nature; Jones & Klin (2009). J Am Acad of Child Psy; Jones & Klin (2013). Nature; Klin et al. (2014). Neurosci Biobehav Rev; Moriuchi et al. (2017). Am J Psy; Constantino et al. (2017). Nature; Shultz et al. (2018). TICS.

# The beginning



EMOI

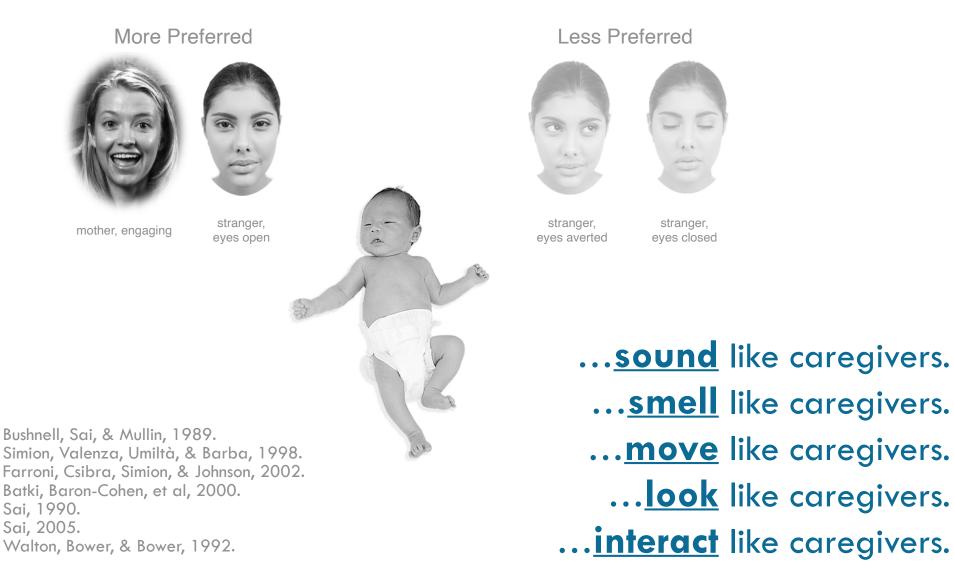
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**Marcus Autism Center** 



Shultz, Klin & Jones (2018). *Trends in Cognitive Sciences, 22(5):452-469.* 

# Neonates preferentially orient towards stimuli that...





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### Universal Principle: the Platform for Development of Social Brain

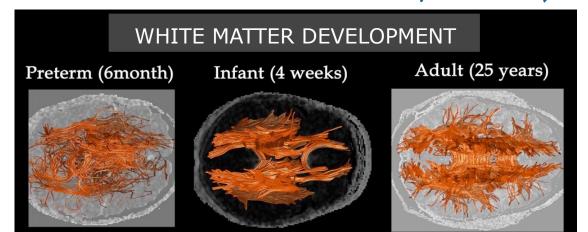


Born to Socially Orient



MH Johnson PhD

Neuroplasticity



<image>

Reciprocal Social Interaction

H-J Park PhD



## Autism at 15 months

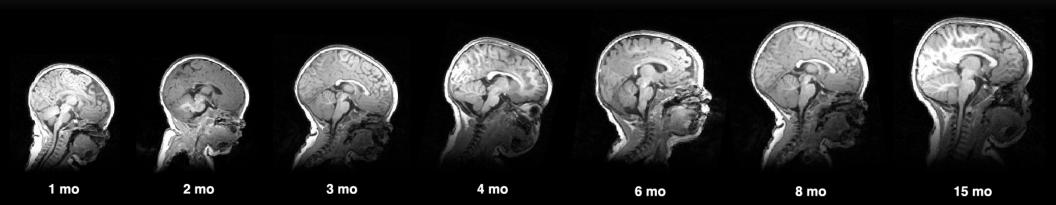
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Klin et al. (2004). American Journal of Psychiatry, 161(11), 1981-1988



## Social Interaction is the Platform for Brain Development



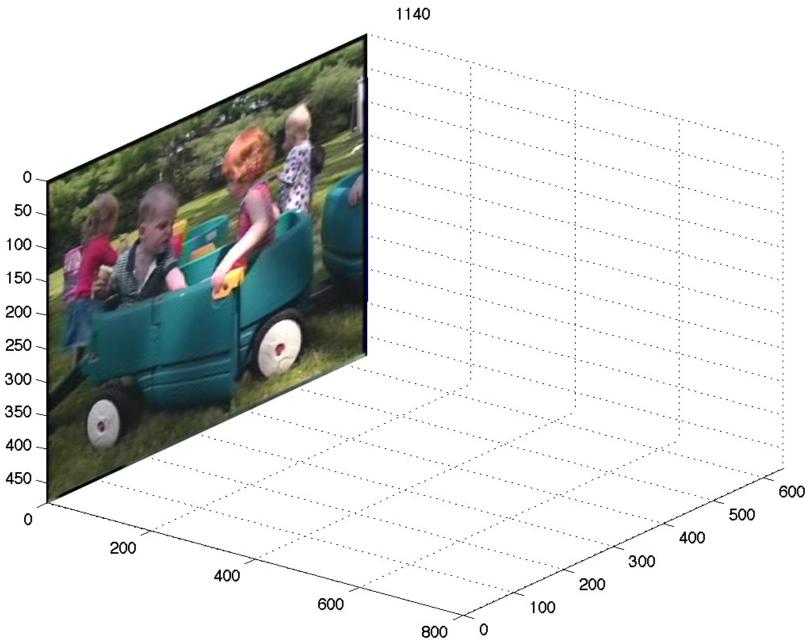
"Our brains become who we are." (J LeDoux) Brain structure and function are physical instantiations of lived experience.

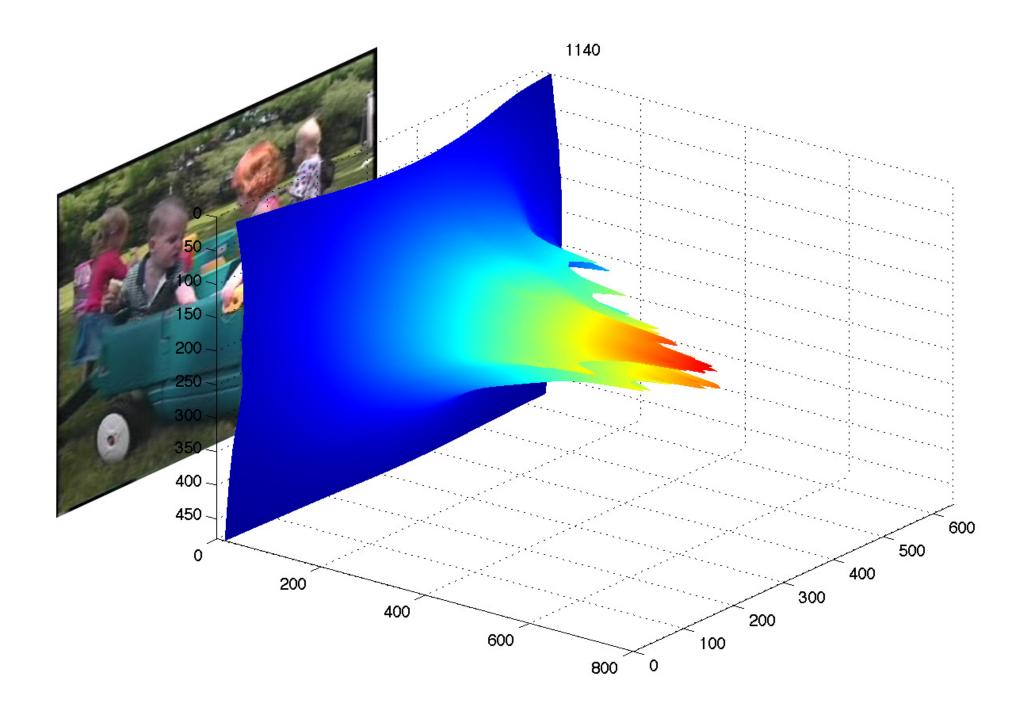
What kind of world is she creating?

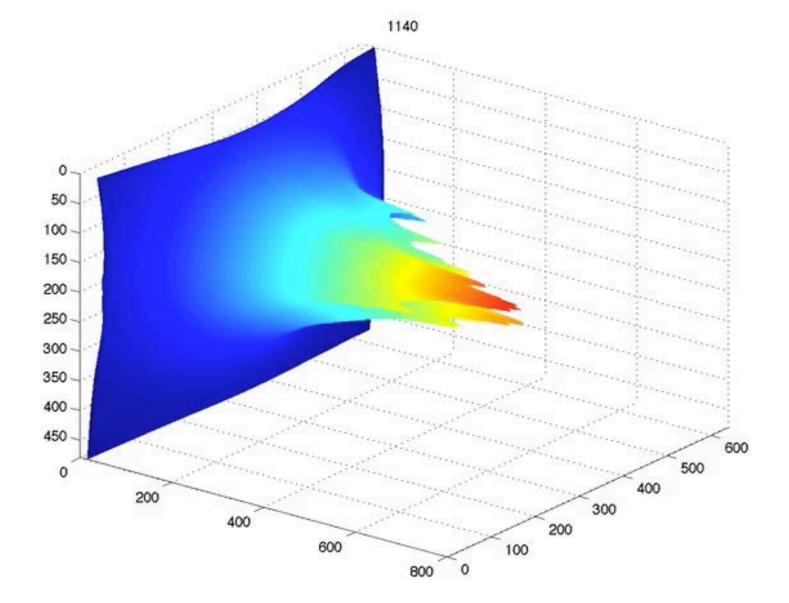


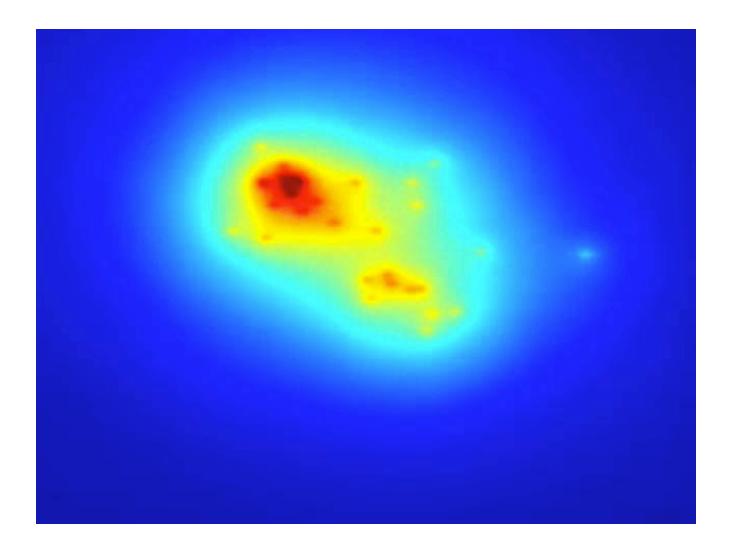
# Quantifying social visual engagement, moment-by-moment

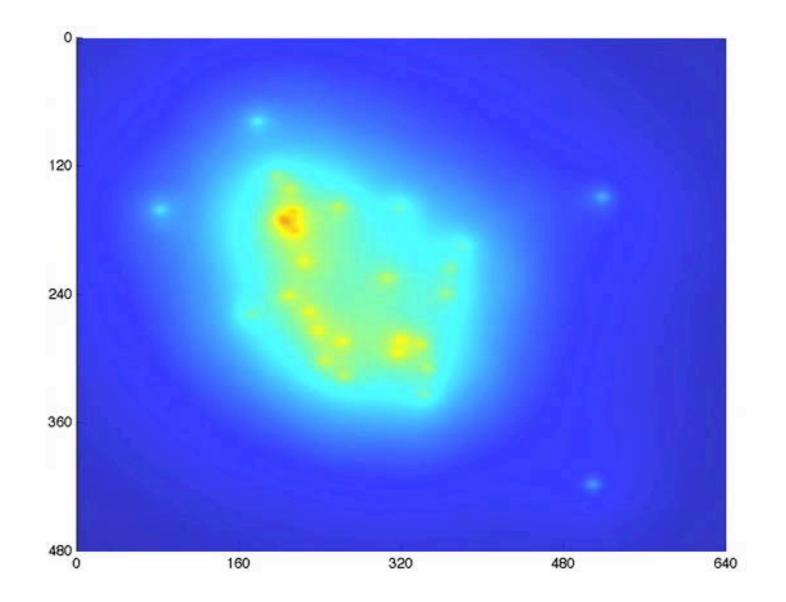


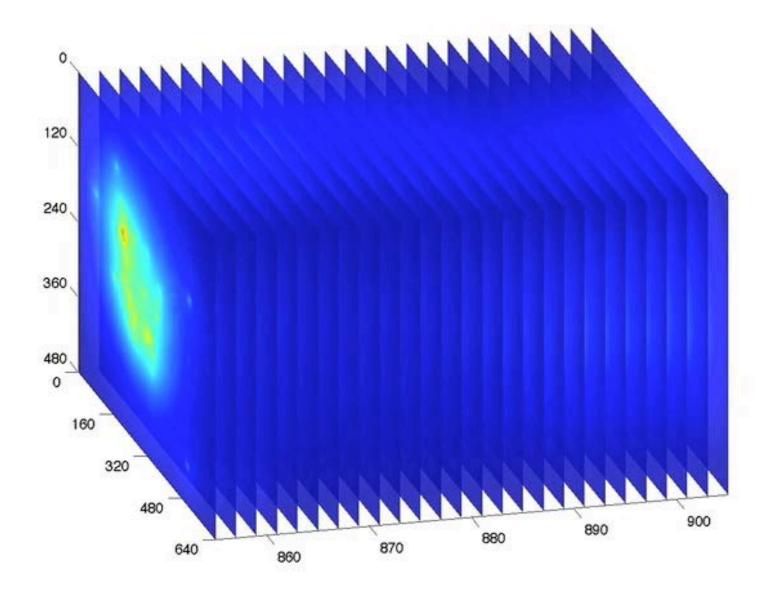




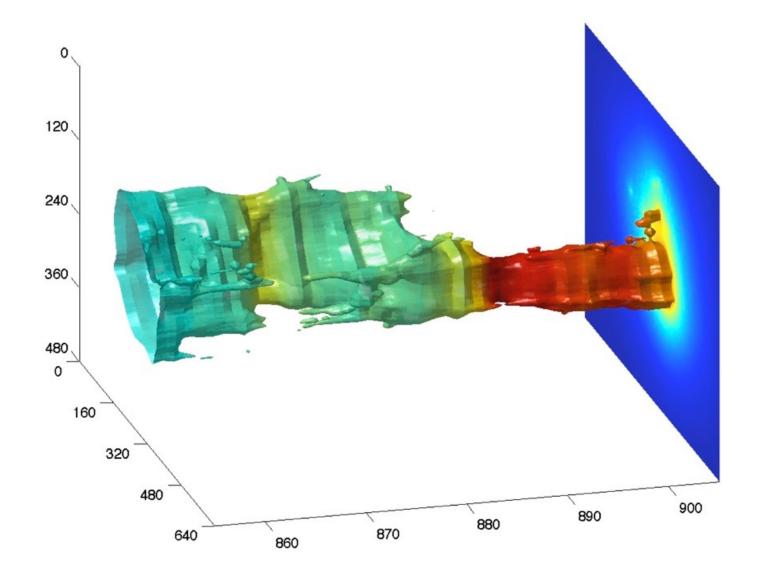


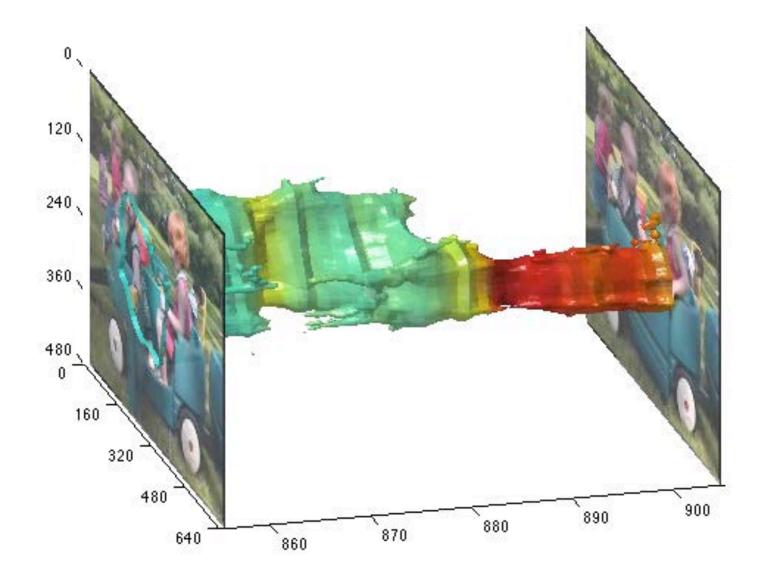


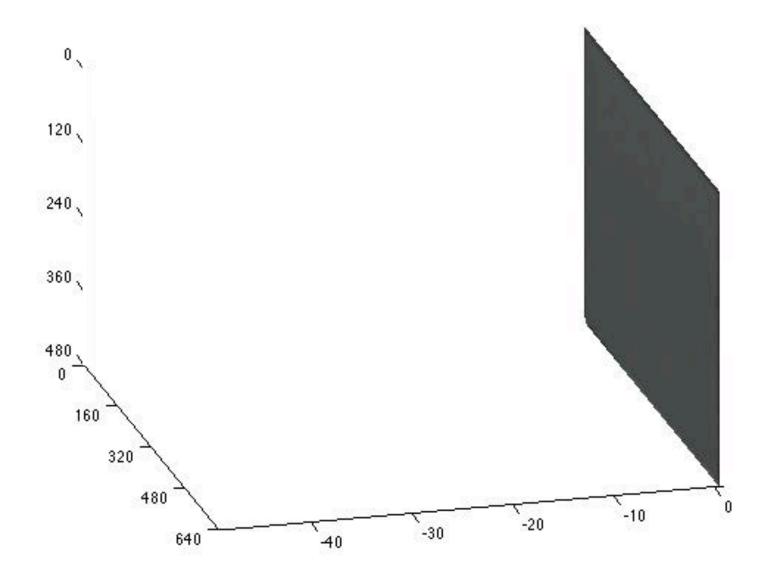


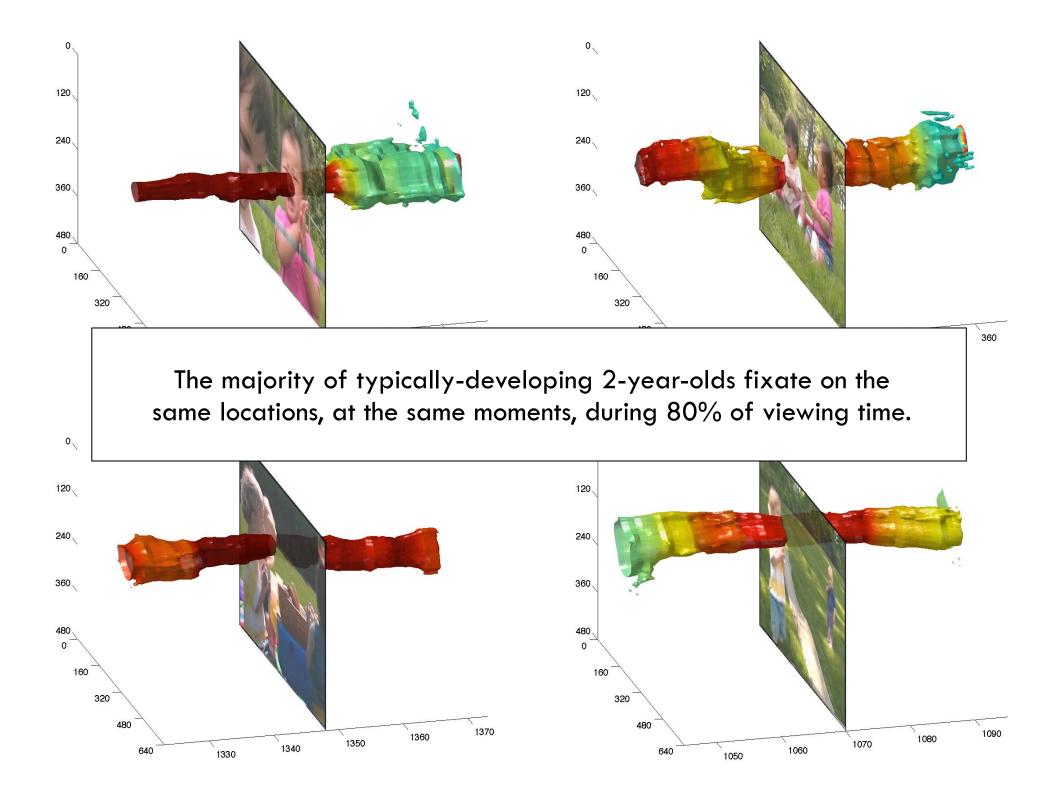


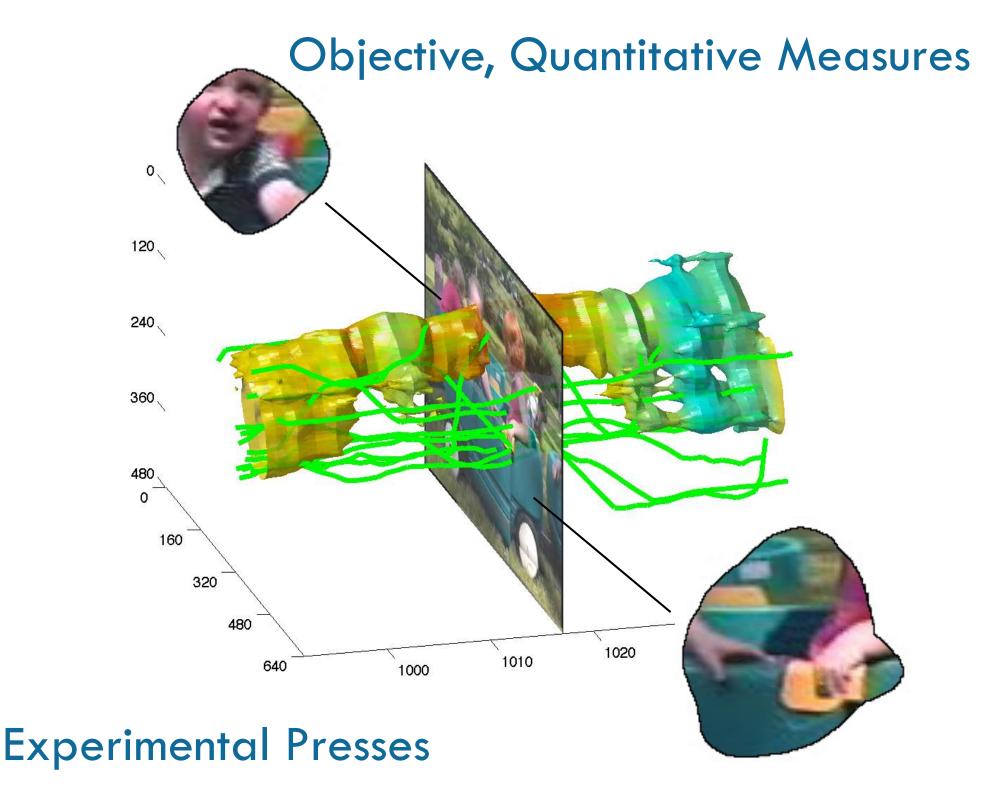
## **Derivation of Attentional Funnel**

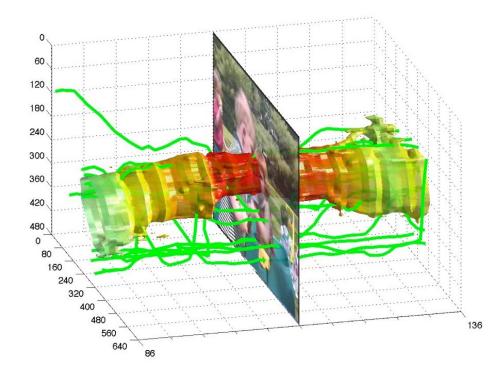


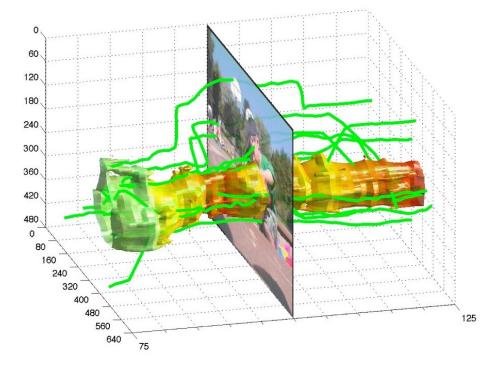


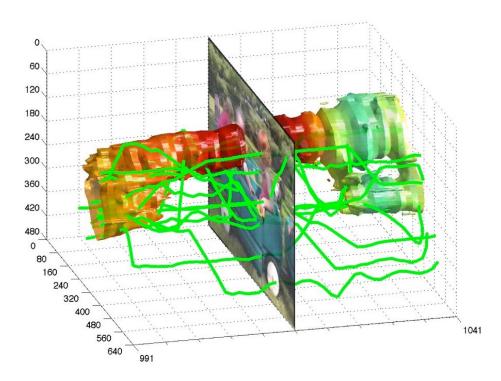


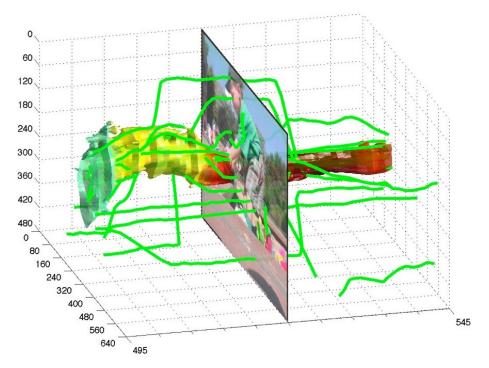












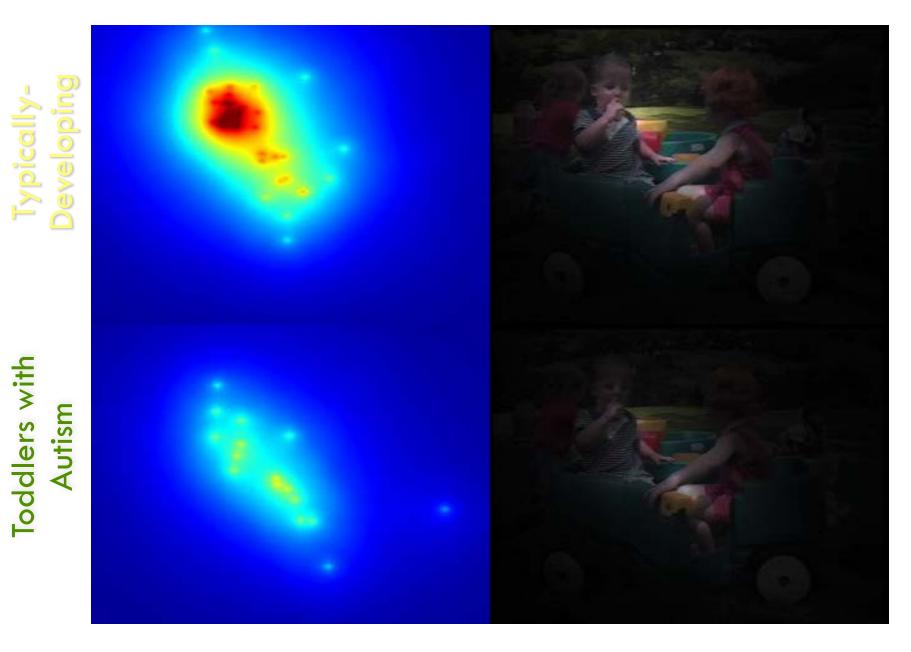
# Hundreds of natural experiments within a 5-minute free viewing video experiment



- In ASD: ~570 divergences in 5 minutes of video
- ~13,680 divergences in a 2-hour period of real-life social experience
- 6 hour social exposure/day results in ~15,000,000 divergences over the course of one year of real-life exposure to social environments

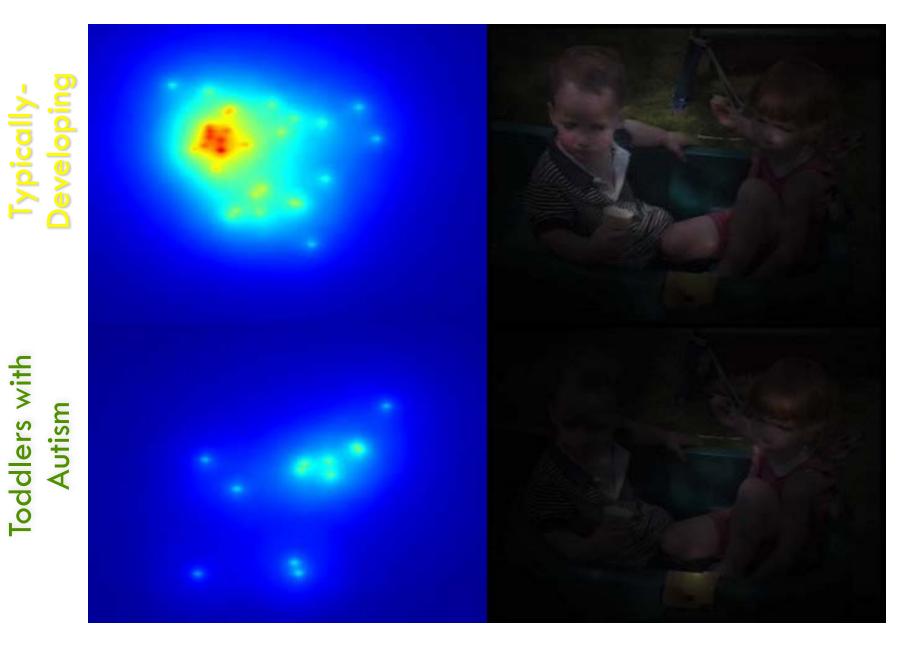
TD normative funnels = ASD comparison scanpaths =

## **Scenes of Social Action**



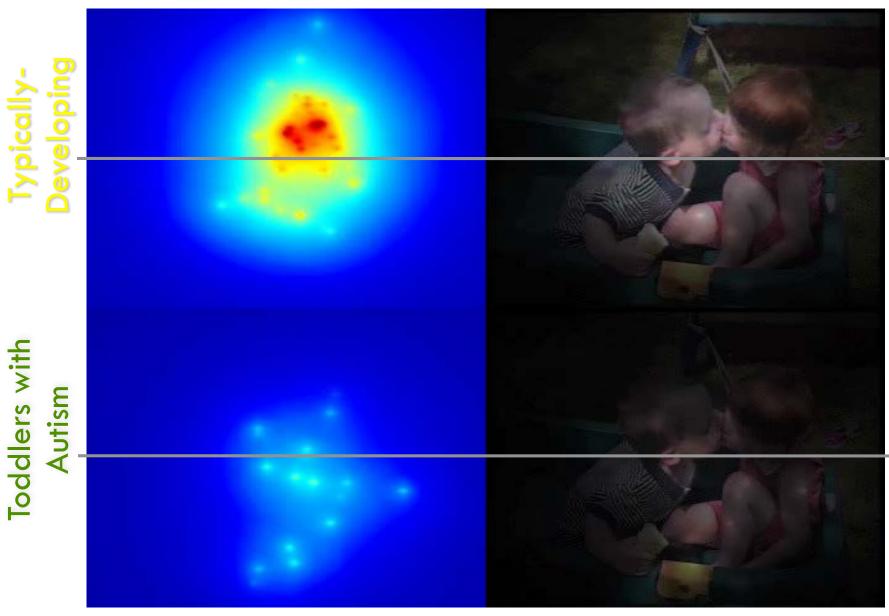
## **Scenes of Social Interaction**





## **Scenes of Social Interaction**

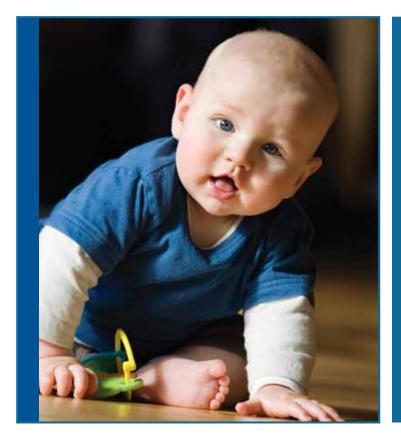




## Greater Access to Early Diagnostic Services



## **Translational Opportunities**



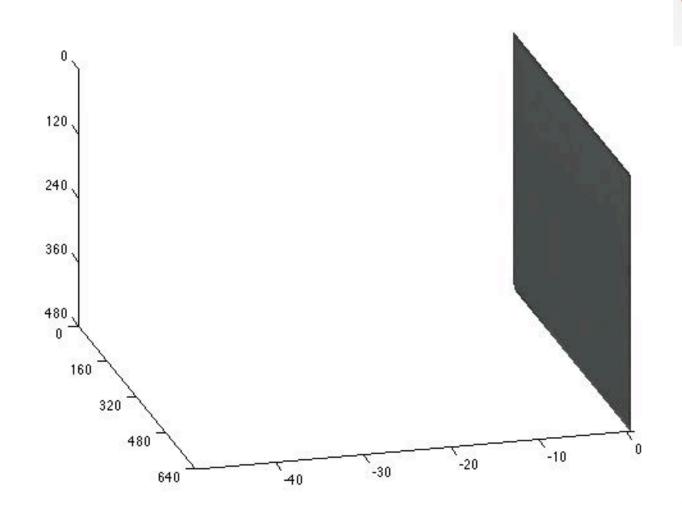
- Objective, quantitative, & rapid measures of social adaptive & maladaptive behavior
- Leverage automated measurement technology to enable early detection
- Support a public health system that does not have enough expert clinicians

## Investigational Device: Neurodevelopmental Assessment via Eye-Tracking



# Utility of our eye-tracking assays to diagnostic and developmental characterization

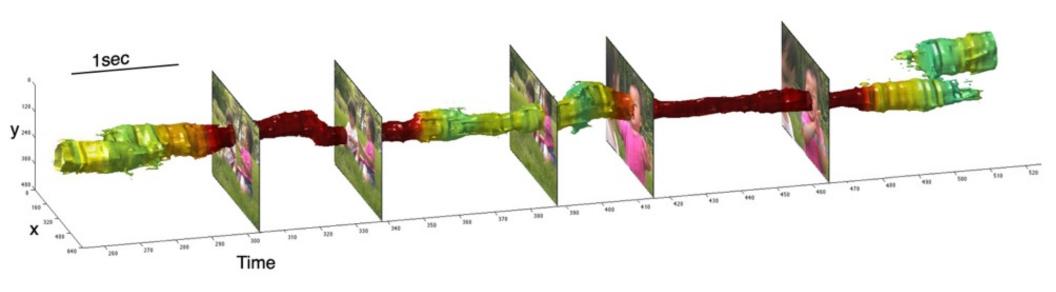
Moment-by-moment entrainment to socialization "hot spots"





## Discovery Cohort Normative Data Model

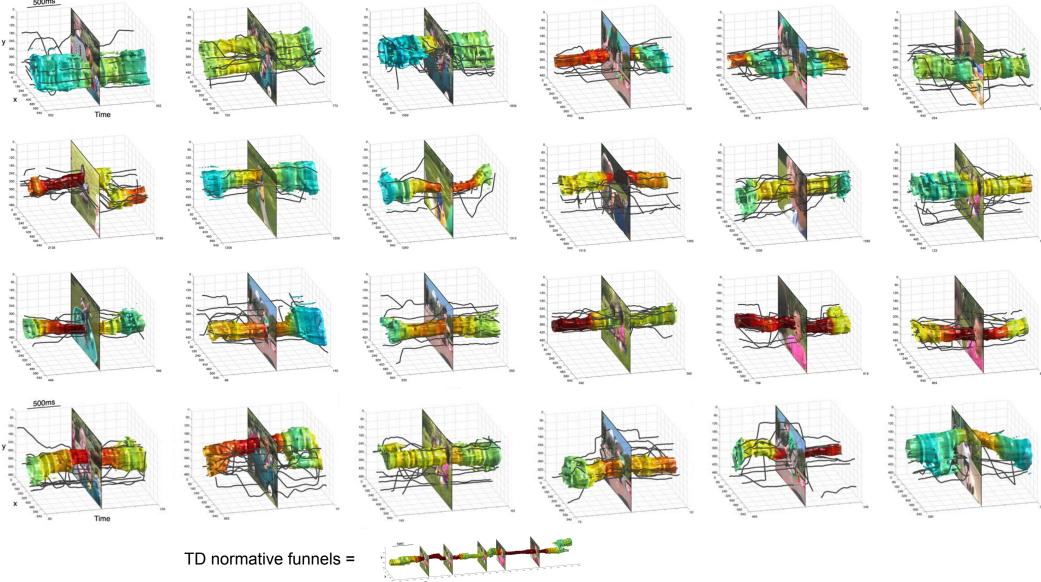




Non-ASD data from the discovery cohort defined benchmark normative data against which all other comparisons were made.

## Quantitative Indices for Assessing Presence of ASD





ASD comparison scanpaths =



## Data Harmonization: Participants N=1,059, by Reference Standard Outcome Diagnosis

#### Discovery Cohort (lab-based eye-tracking research setting)

measure	ASD	non-ASD
Ν	300	389
age, months	22.5(3.6)	21.6(3.5)
ADOS Total score, mean(SD)	17.4(4.9)	4.5(2.5)
Mullen Verbal age equivalence	11.9(5.8)	23.1(5.7)
Mullen Nonverbal age equivalence	18.3(5.0)	22.2(4.9)

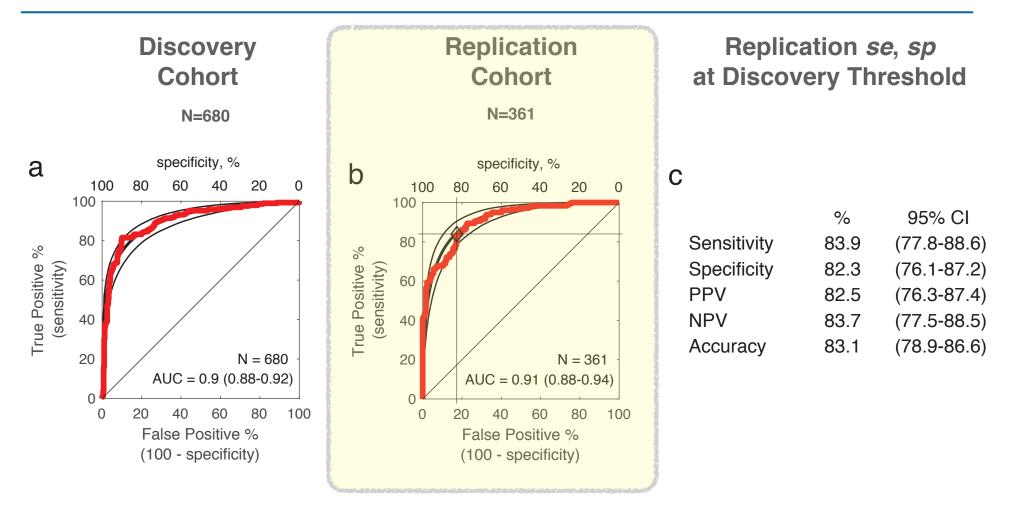
#### Replication Cohort (standalone investigational device in community clinic)

measure	ASD	non-ASD
Ν	187	183
age, months	28.3(5.8)	26.0(5.9)
ADOS Total score, mean(SD)	19.4(5.0)	5.5(3.2)
Mullen Verbal age equivalence	14.8(7.7)	23.1(8.0)
Mullen Nonverbal age equivalence	20.7(6.8)	27.3(9.8)

## Index Test Eye-Tracking Measures

Discovery cohort data collection Lab-based university research setting **Replication cohort data collection**  Standalone investigational eye-tracking device located in a community clinic Naturalistic videos of peer social interaction 14 videos, each ~53 seconds in duration 12 min 26 sec of videos in total

## Presence of ASD: Diagnostic Accuracy (ASD vs non-ASD)

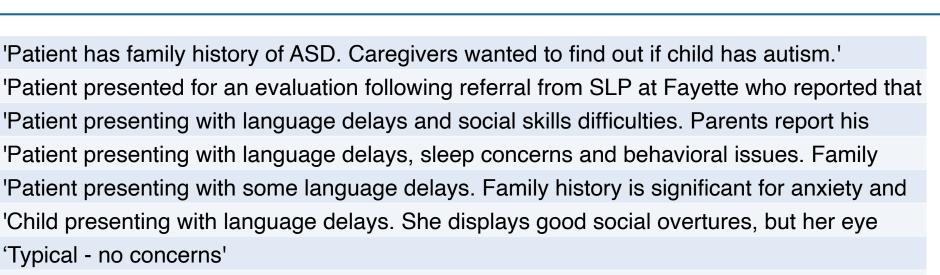


9 children in each cohort with insufficient data for meaningful analyses.

*se* ~83%, *sp* ~82%



## Presence of ASD: False Positives from Eye-Tracking Assays



'Clear language delays - concerns about social communication - generally not 'Speech delay. Mom had many more concerns that were not consistent with her 'Clear language delay- also had some repetitive behaviors. Language repetitive (frequent 'No ASD concerns. Did show hand-flapping and some posturing but social reciprocity 'Did not provide a diagnosis - follow up evaluation in 1 year. Was on the fence - social 'Patient presenting with language delays. Patient's parents also reported visual-motor 'Patient presenting with language delays and social skill difficulties. Family history is 'Patient presenting with variable eye contact, though displayed adequate social overtures 'Patient was previously seen at MAC in the PNC/CAD where he received a multidisciplinary 'Patient presents with some language delays. Family history is significant for ASD and 'Patient's mother reports concerns with regard to her response to name and social skills.

## Presence of ASD: False Positives from Eye-Tracking Assays

'Patient I 'Patient p 'Patient r 'Patient p 'Patient p 'Child pre 'Typical -'Clear lan 'Speech of 'Clear lan 'No ASD 'Did not pi 'Patient pr 'Patient pr 'Patient pr

#### Identification of Actionable Vulnerabilities

80% of "false positives" via eye-tracking assays were given a different clinical diagnosis:

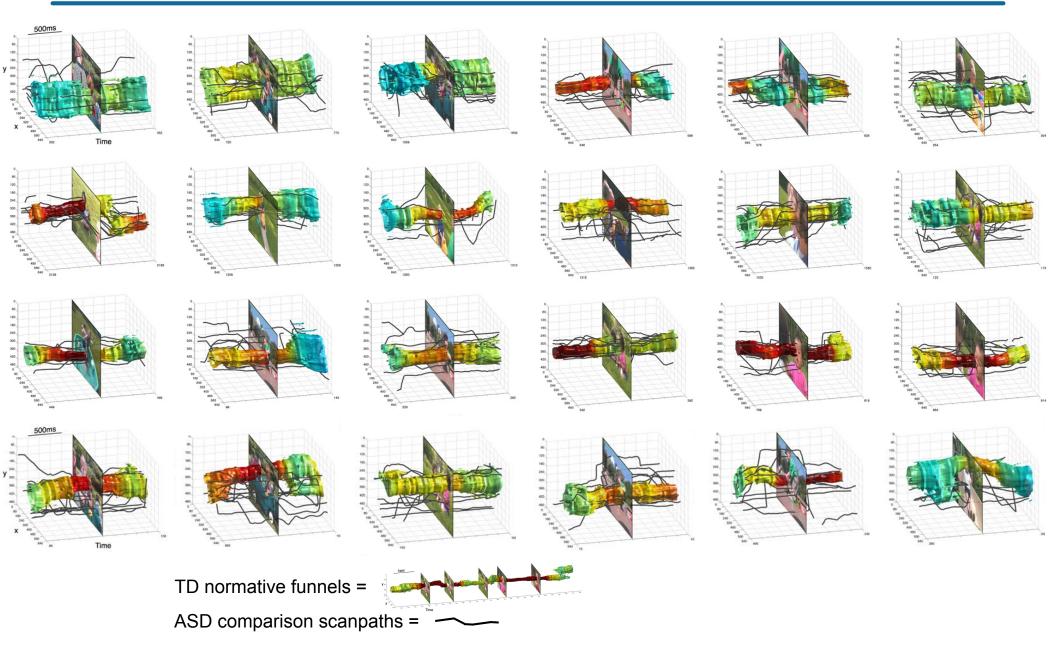
- "language delay" or "global developmental delay" (25%),
- provisional diagnosis of "sub-threshold symptoms of ASD" (35%) or "sub-threshold communication disorder" (15%) (both with requests to return for
- re-evaluation within a year),
- or suspected genetic disorder (5%) (referred for genetic testing).

Half of the children given a provisional sub-threshold diagnosis were later given an ASD diagnosis.

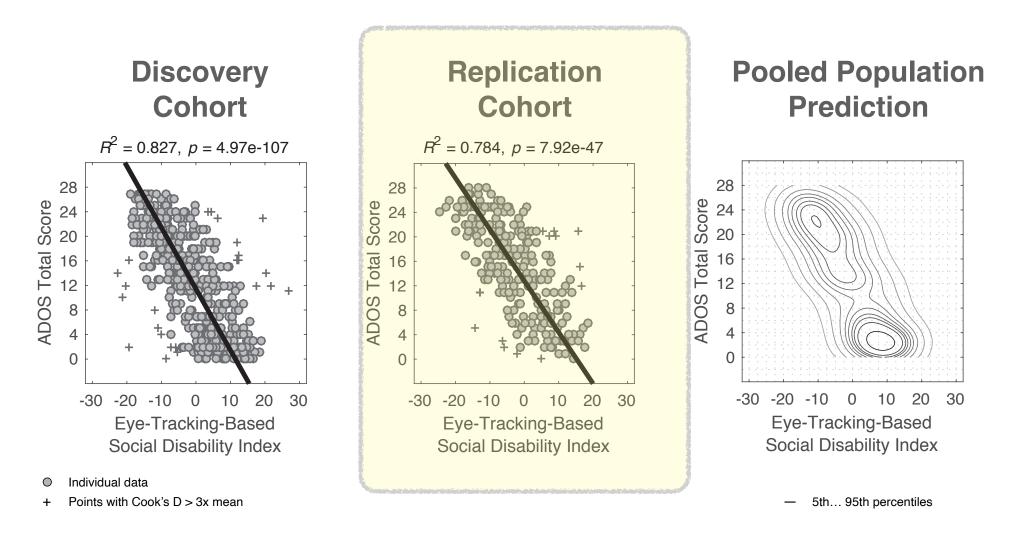
has autism.' tte who reporte rents report his al issues. Fami cant for anxiety res, but her ey

Ily not with her petitive al reciprocity fence - social visual-motor ily history is social

## Quantitative Indices for Assessing Severity of ASD Symptoms

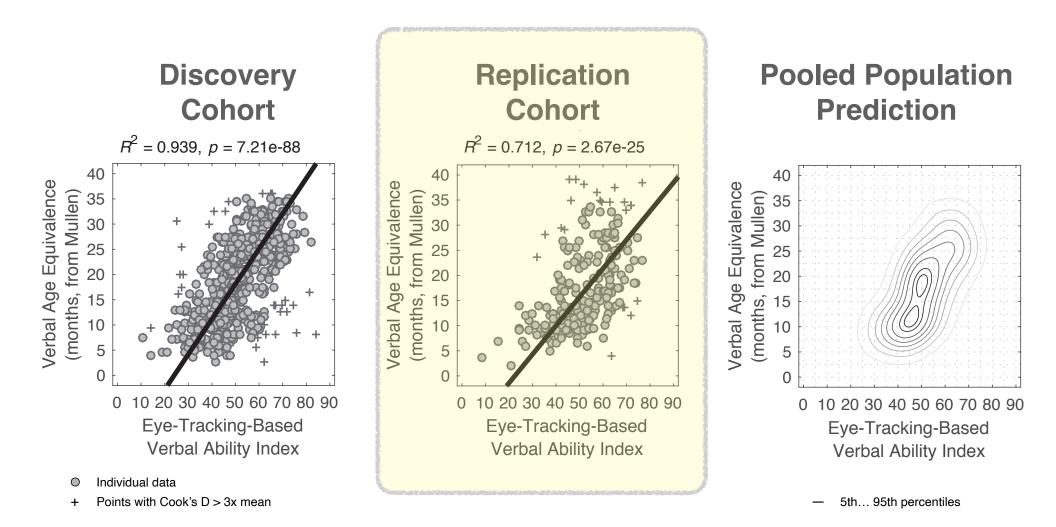


# Quantitative Indices for Assessing Severity:



~78% of variance in ADOS total scores

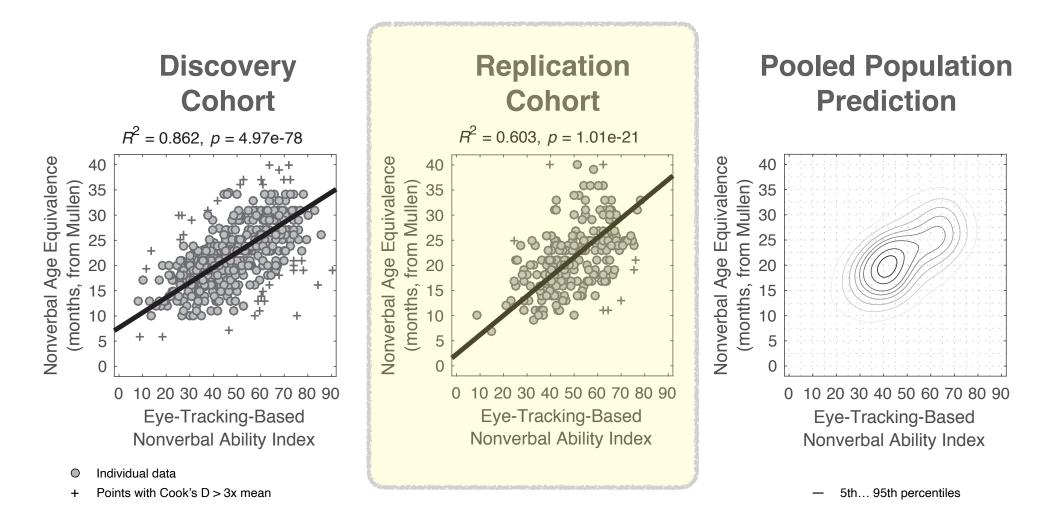
## Quantitative Indices for Assessing Severity: Verbal Ability



TOOLS

~71% of variance in Mullen verbal age equivalents

# Quantitative Indices for Assessing Severity:



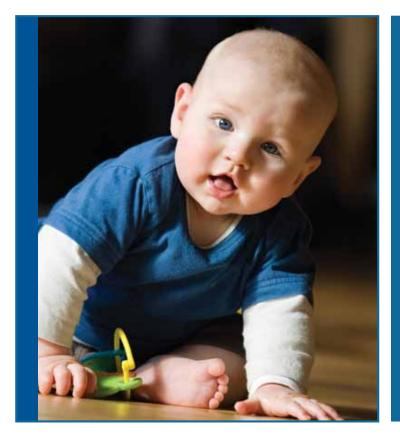
~60% of variance in Mullen nonverbal age equivalents

# Translating this science into a tool for increasing access to diagnostic services



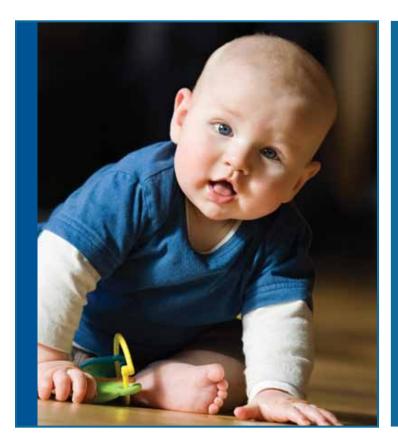


## **Translational Opportunities**



- High-throughput, low-cost, deployment of universal screening in the community
- Early detection, early intervention, optimal outcome
- Prevention or attenuation of intellectual disability in ASD

## Developmental Social Neuroscience meets Public Health Opportunities



- We are genetically programmed to be social beings
- This programming is altered in autism
- But social experiences are co-created by environment
- We can engineer these experiences via parent-delivered treatment



## Greater Access to Early Treatment





Caregivers' most important role in promoting early brain development in their children



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Amy Wetherby, PhD

# Providing the social experiences children are missing



#### Augmenting access to early intervention services: parent-mediated treatment



#### Bridging the Gap Between Science and Community Practice



- www.autismnavigator.com
- <u>www.babynavigator.com</u>



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## the Community: Families, Pediatricians, Early Intervention Providers





#### Parent-Delivered Early Social Interaction



Wetherby et al., 2014



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## Teaching Strategies & Supports to Promote Active Engagement

## Supports for better skills

Model and expand language and play skills
Extend activity, child's roles, & transitions
Balance demands and supports

## Supports for social reciprocity

Natural reinforcers •Waiting for initiation and balance of turns
 Clear message to ensure comprehension

## Supports for a common agenda Positioning •Follow child's attentional focus

Motivating activity with clear roles & turns



### Goals for Early Treatment:

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Every waking hour in the home and in the community

**Child Behaviors** 

**ACTIVE ENGAGEMENT** 

- 1. Emotional Regulation
- 2. Productivity
- 3. Social Connectedness
- 4. Gaze to Face
- 5. Response to Verbal Bids
- 6. Directed Communication
- 7. Flexibility
- 8. Generative Ideas

**Parent Behaviors** 

- **TRANSACTIONAL SUPPORTS**
- 1. Participation & Role
- 2. Make Activity Predictable
- 3. Follow Child's Attention
- 4. Promote Initiations
- 5. Balance of Turns
- 6. Support Comprehension
- 7. Modeling
- 8. Expectations & Demands





## **Everyday Activities**

#### **Play with Toys**

Blocks, Puzzles, Sand box, Playdough, Cars and Trucks, Ball Games, Baby Dolis

### **Play with People**

Social Games like Peek-a-boo, Rough and Tumble, Songs & Rhymes

#### Meals and Snacks Preparation, Eating, Cleanup

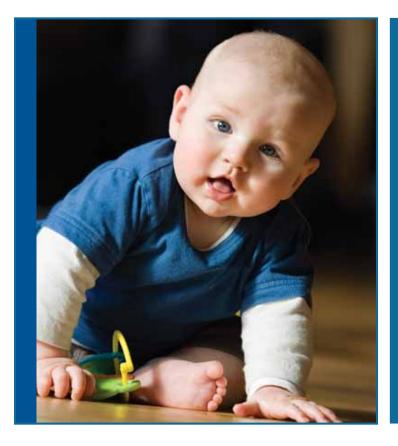
## Caregiving

Dressing, Diaper Change, Bath, Washing Hands, Brushing Teeth

### **Book Sharing**

Family Chores Mailbox, Laundry, Care for Pets, Plants

# Universal design because there is only one platform for early brain development



- For children with complex genetic burden: Autism, Williams syndrome
- For children with compromising medical conditions: Extremely Preterm, Congenital Heat Disease
- For children from disadvantaged backgrounds

# Pediatric Medicine of the 21st century: The criticality of Public Health considerations



- Not necessarily curing "diseases"
- BUT OPTIMIZING OUTCOMES
- Universal screening, accessing identification, increasing access to early intervention
- Cost-effective, community-viable
- Value Proposition!

### 5 Steps for Brain-Building Serve and Return



Dr. Jack Shonkoff





Dr. David Willis



An Early Brain and Child Development Focus



## LANGUAGE NUTRITION





Dr. Brenda Fitzgerald





#### **Brain Trust 4 Babies**



### Talk with your baby.

The more words you speak, sing or read to your baby the faster they will learn to talk and read.

wic

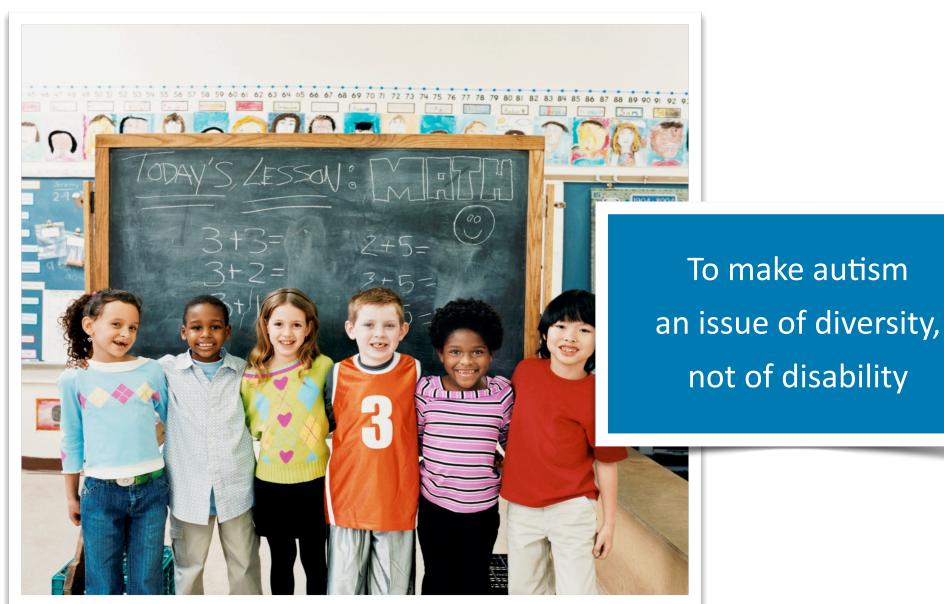
Learn more at dph.georgia.gov/talkwithmebaby.





## Our ultimate goal

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