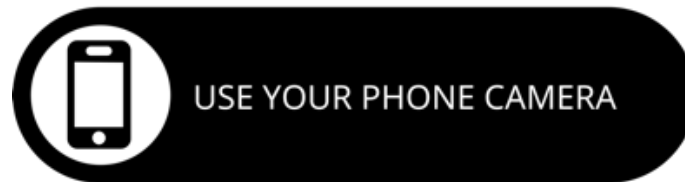


UNLOCKING POWER AND UNLEASHING PROMISE

SOMAVA SAHA, MD MS, FOUNDER AND EXECUTIVE LEAD, WELL-BEING AND EQUITY (WE) IN THE WORLD AND THE WELL BEING IN THE NATION (WIN) NETWORK



JOIN THE CONVERSATION ON YOUR PHONE!

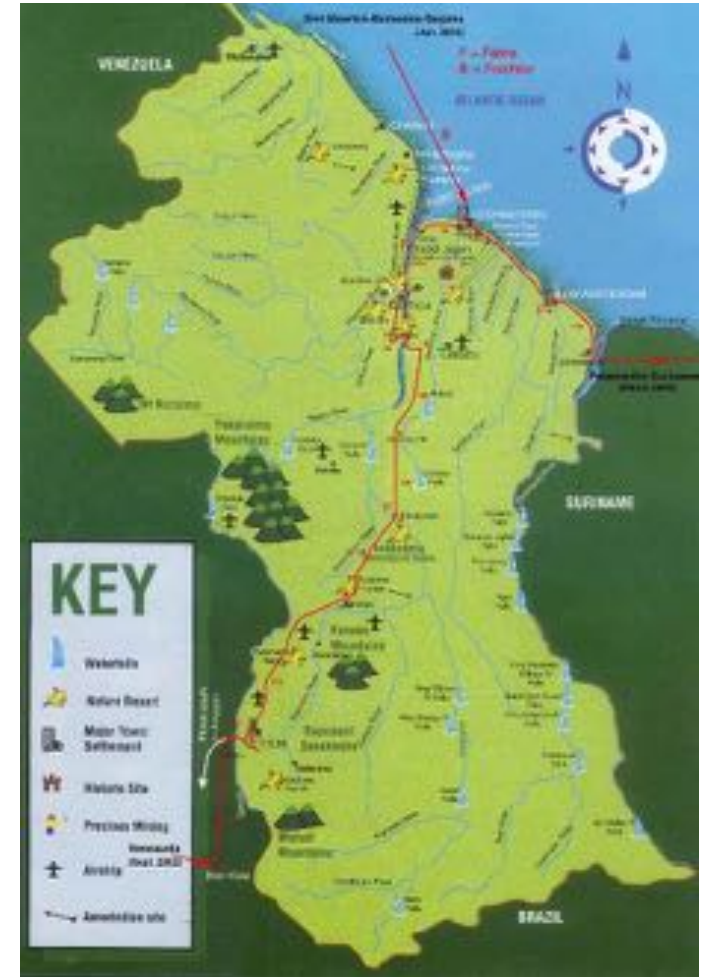


<https://alliance.everwall.com/post>

BAHA'I COMMUNITY HEALTH PARTNERSHIP, RUPUNUNI REGION OF GUYANA



- 16,000 people
- 33,000 sq miles, rural
- No roads, communication, electricity
- 5th grade education
- Subsistence economy



UNLOCKING THE TRAPPED AND UNTAPPED POTENTIAL OF PEOPLE AND COMMUNITIES

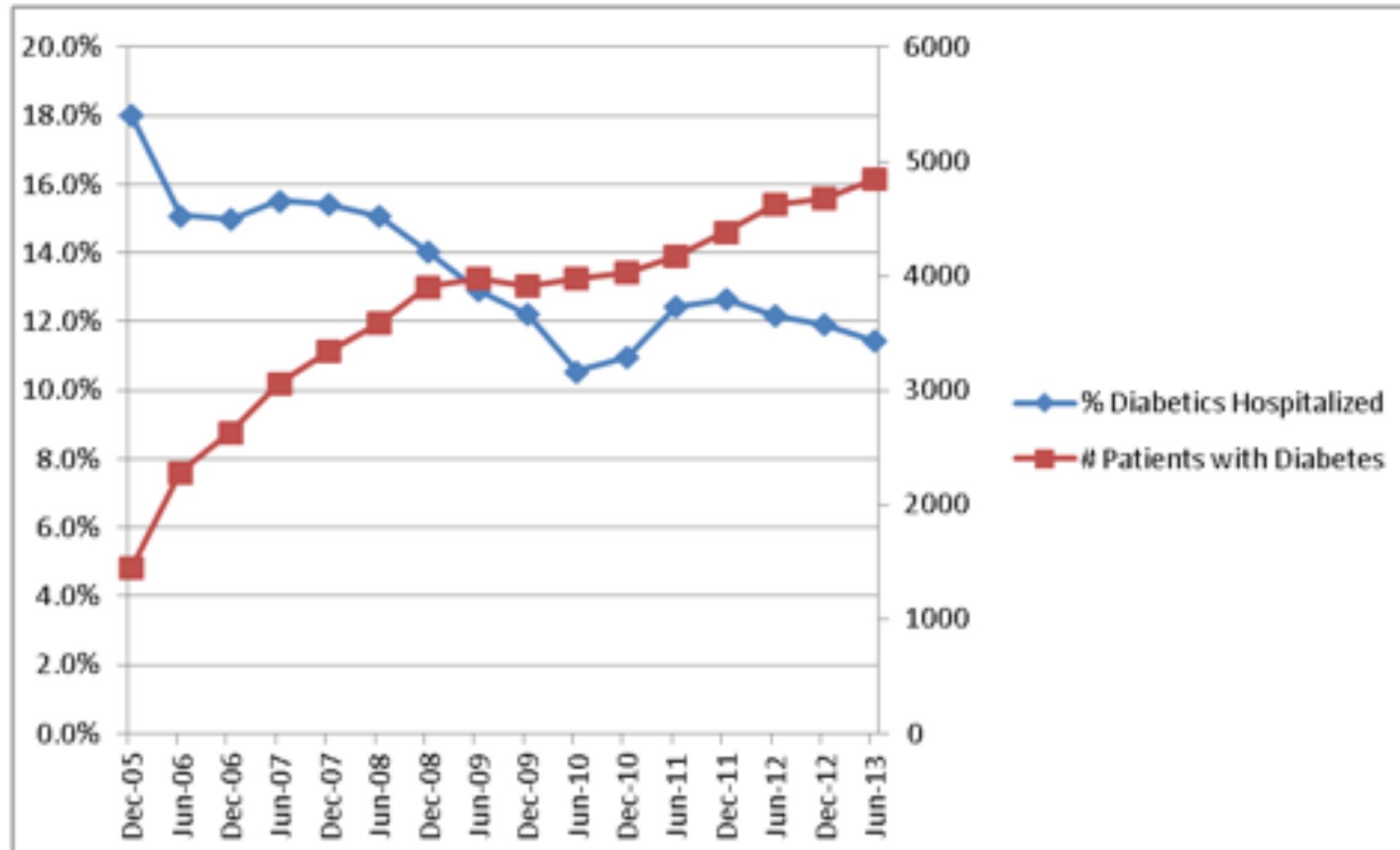


A POWERFUL WAY OF BEING AND DOING



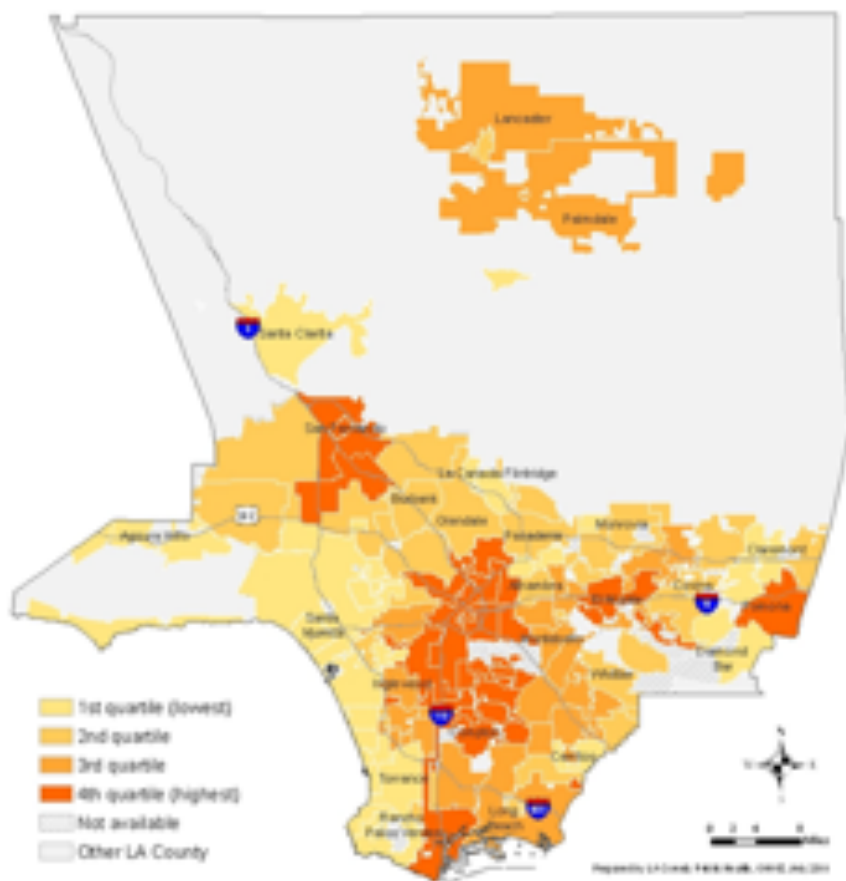
- From “me” to “we”
- From isolation to interconnectedness
- From pathology to vision
- From poverty to potential
- From scarcity to abundance
- From having answers to asking questions
- From perfect planning to learning and failing forward
- Embracing system transformation in practical ways

WHY WE NEED TO CHANGE OUR FRAME

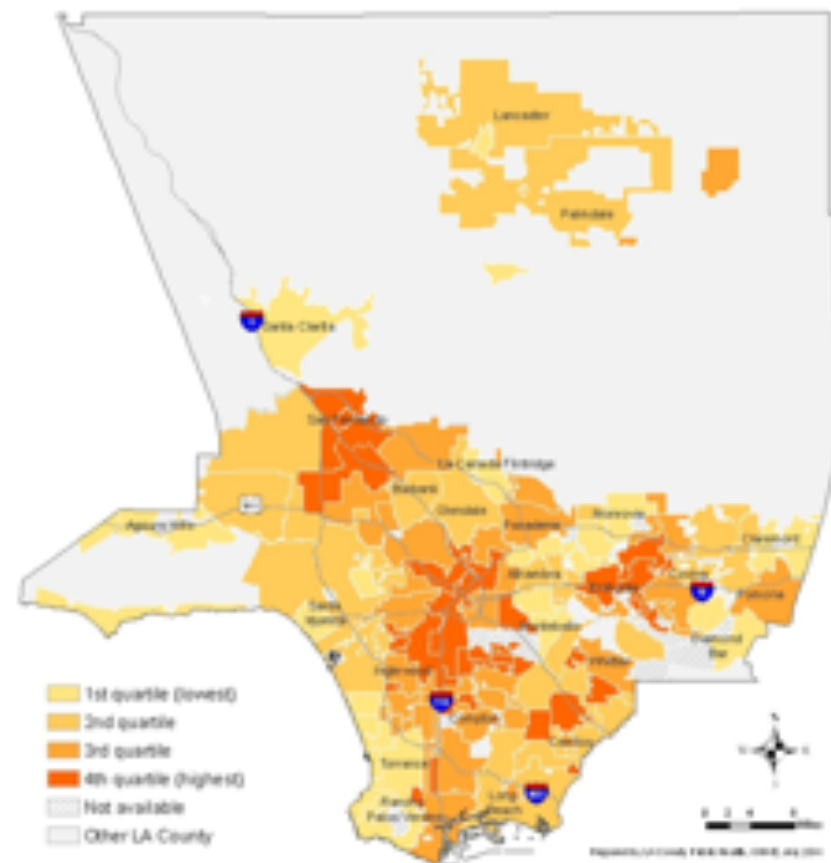


RELATIONSHIP BETWEEN THE HEALTH AND WELL-BEING OF PEOPLE, PLACES AND EQUITY

Economic Hardship Index by City/Community, Los Angeles County, 2000



Prevalence of Childhood Obesity by City/Community, Los Angeles County, 2005

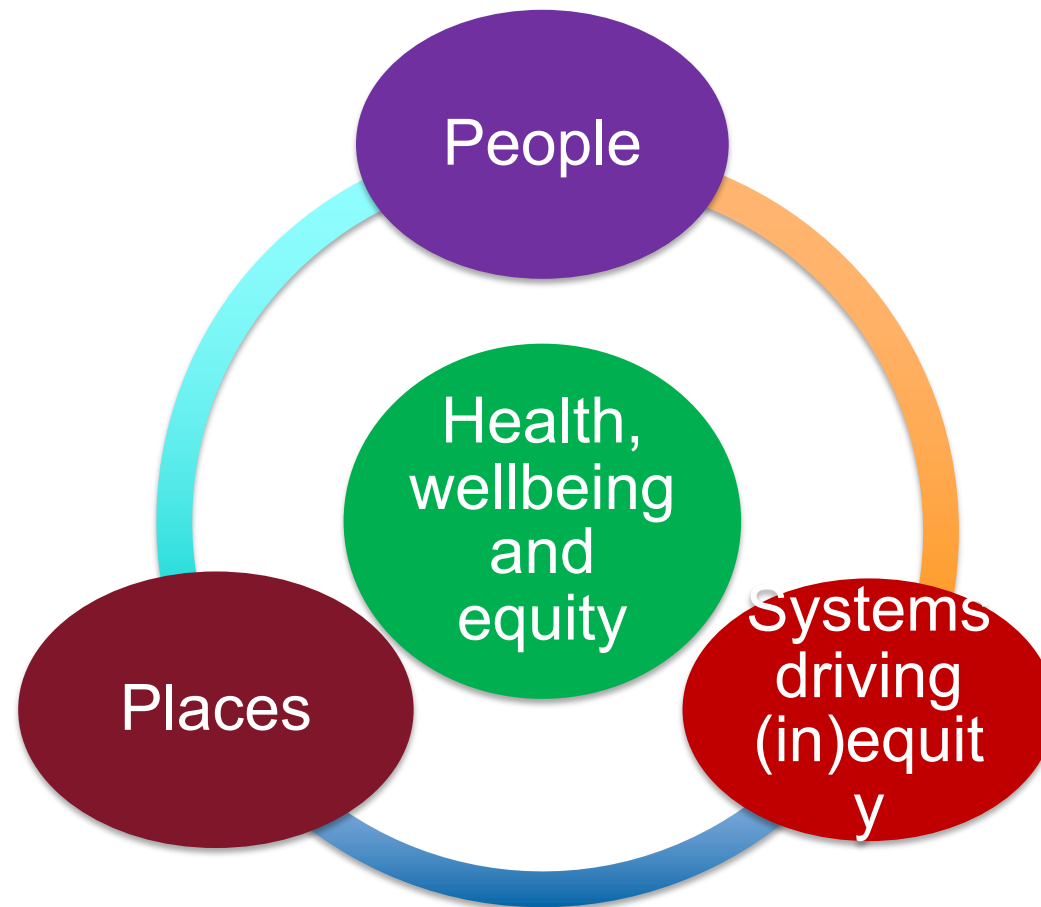


A TALE OF TWO BOYS



<https://wsvn.com/news/us-world/color-blind-boys-scheme-to-get-same-haircut-to-trick-teacher/>

PEOPLE, PLACES, SYSTEMS OF SOCIETY



CHRONIC PLACE-BASED INEQUITIES ARE NOT ACCIDENTAL – THERE IS A SYSTEM IN PLACE THAT PROPAGATES THEM



“Countering the Production of Health Inequities” Report from the Prevention Institute



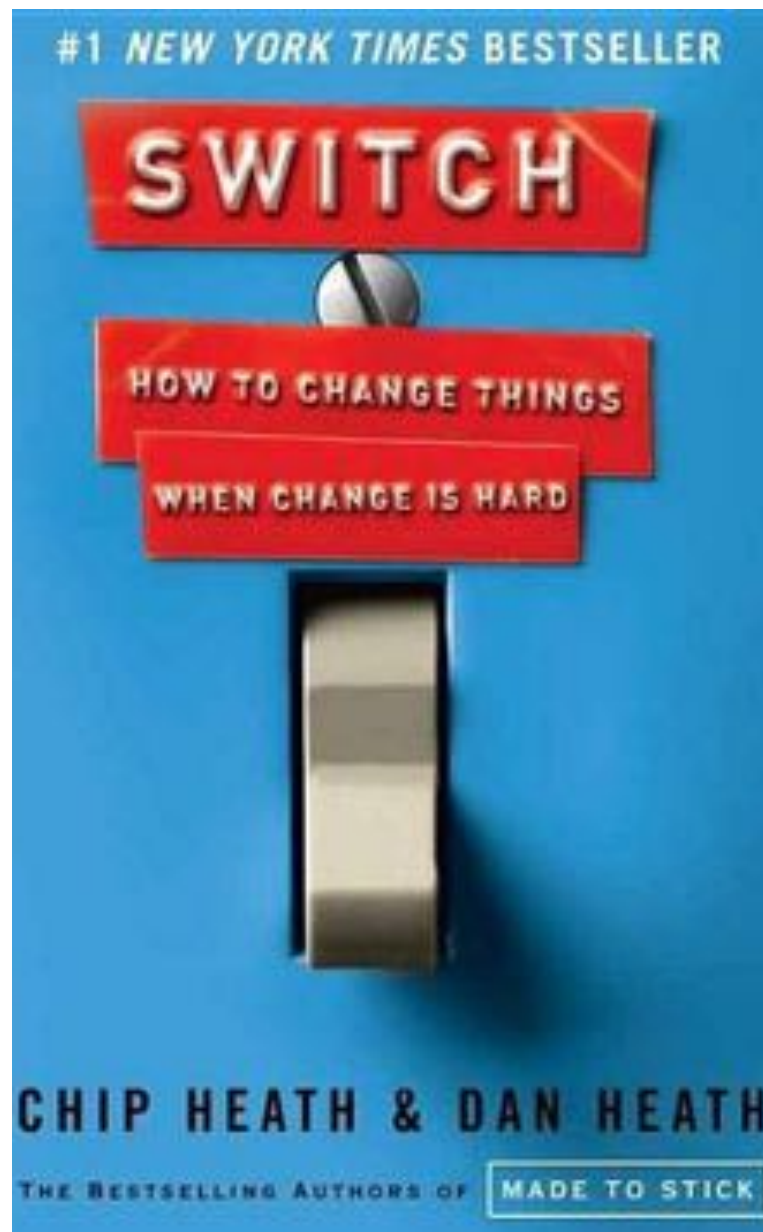
ELL BEING
THE NATION
NETWORK

Photo courtesy of Kaique Rocha. Metaphor courtesy of Camara Jones and Natalie Burke.

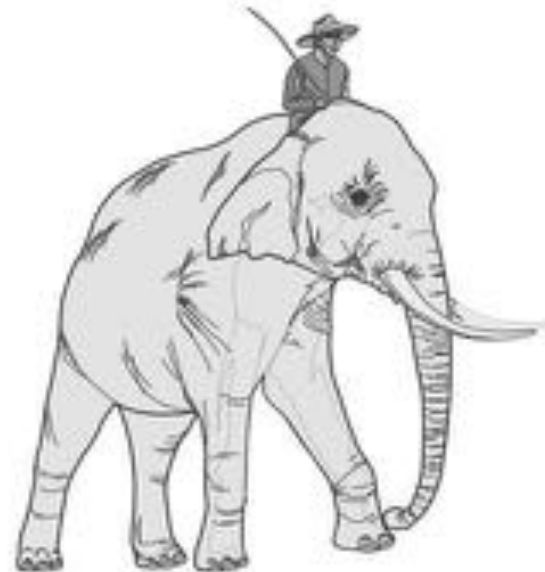
“Power without love is reckless and abusive, and love without power is sentimental and anemic. Power at its best is love implementing the demands of justice, and justice at its best is power correcting everything that stands against love.”

Dr. Martin Luther King, Jr





Overcoming Resistance to Change...



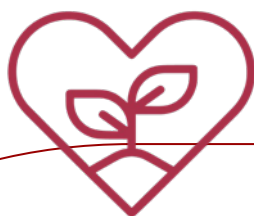
1. Direct the Rider
2. Motivate the Elephant
3. Shape the path

Source: Heath & Heath (2010)

LARAMIE COUNTY, WYOMING



WE WIN TOGETHER TRANSFORMATION FRAMEWORK



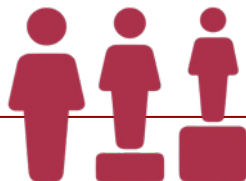
Transforming from within



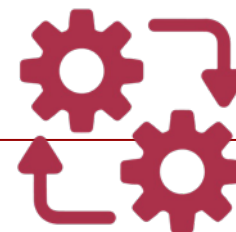
Transforming together



Transforming our outcomes
(what we measure and value)



Transforming for equity
(in the vital conditions)

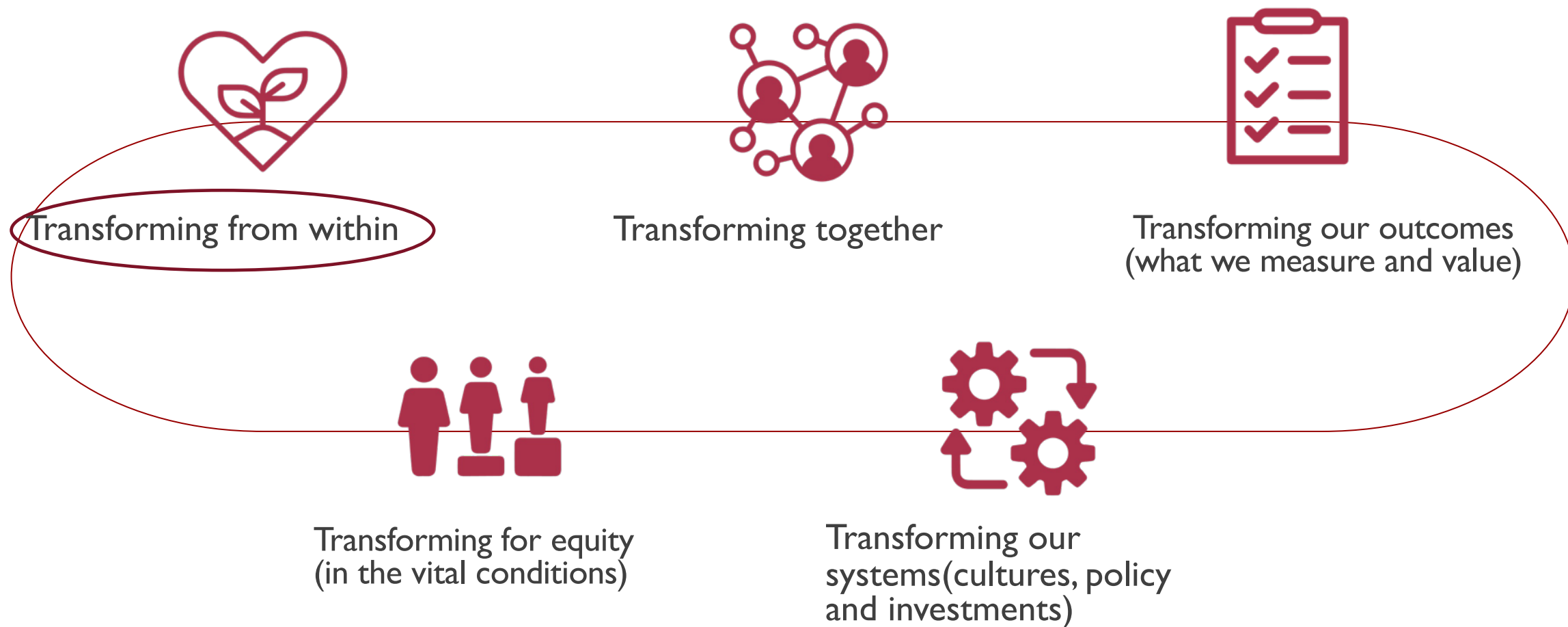


Transforming our
systems(cultures, policy
and investments)

STRATEGIES TO UNLOCK AN ABUNDANCE MINDSET WHEN CHANGE IS HARD

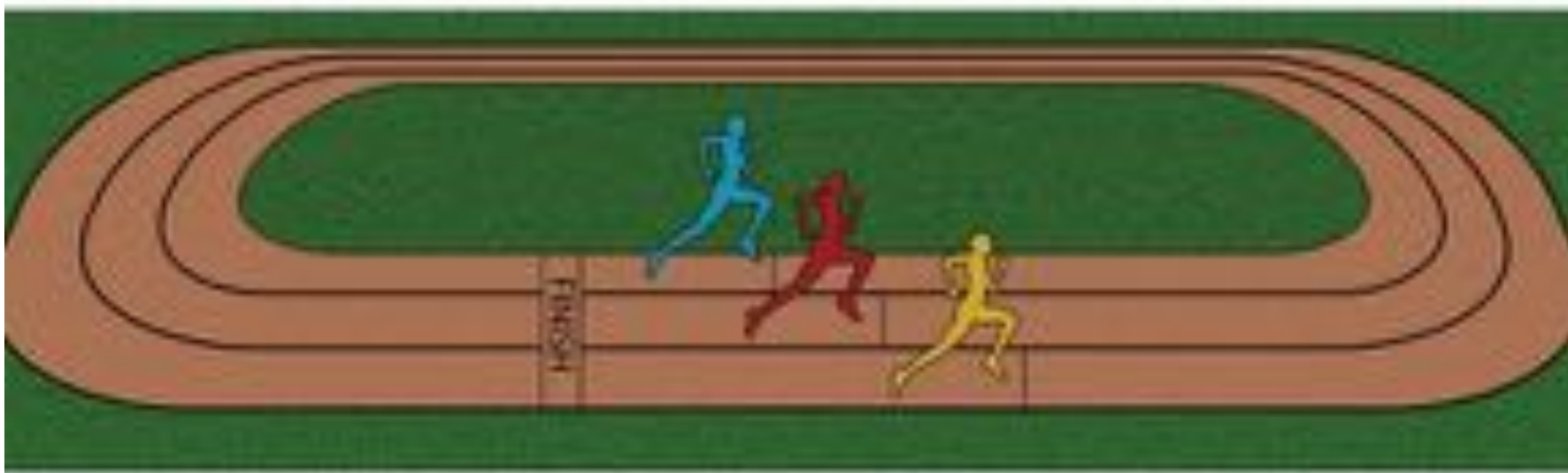
- Transform from within:
 - Understand our nation's history and shift the narrative from a zero sum game to unlocking abundance
 - Understand and shift the narrative that those who experience inequities are the greatest reservoir of resilience in the nation.
 - Connect people to the core of who they are – their story can give you a clue. Assume good intentions if you are engaging with them
- Transform together
 - Engage in unprecedented collaboration to achieve unprecedented results.
 - Bring changemakers proximate to those who experience inequities in ways that shift their understanding and relationship
- Transform outcomes, policies and systems
 - Map bright spots and assets to the problem and its solutions. There are ALWAYS assets and bright spots.
 - Tell the story in a way that motivates the elephant to believe they can be part of real change – and emphasize stories where changing the system made a real difference
 - Show the path, not just the need for change

WE WIN TOGETHER TRANSFORMATION FRAMEWORK





EQUALITY



EQUITY



WELL BEING
IN THE NATION
NETWORK



What **WE** believe



Every member of society

has a piece of the puzzle to create well-being for themselves and others.



For some people and places

this potential is untapped or trapped by systems of exclusion that lead to a loss for us all.



To be successful

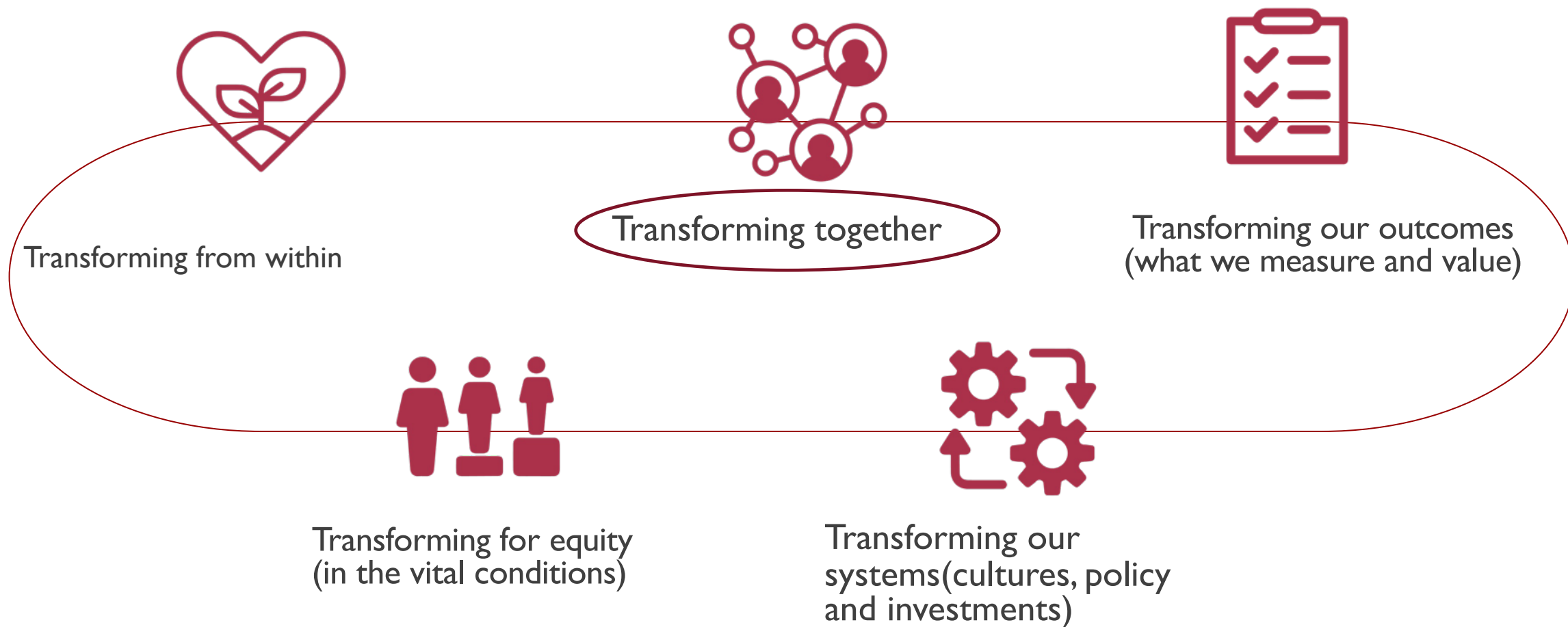
we must discover the right path together.



We must transform

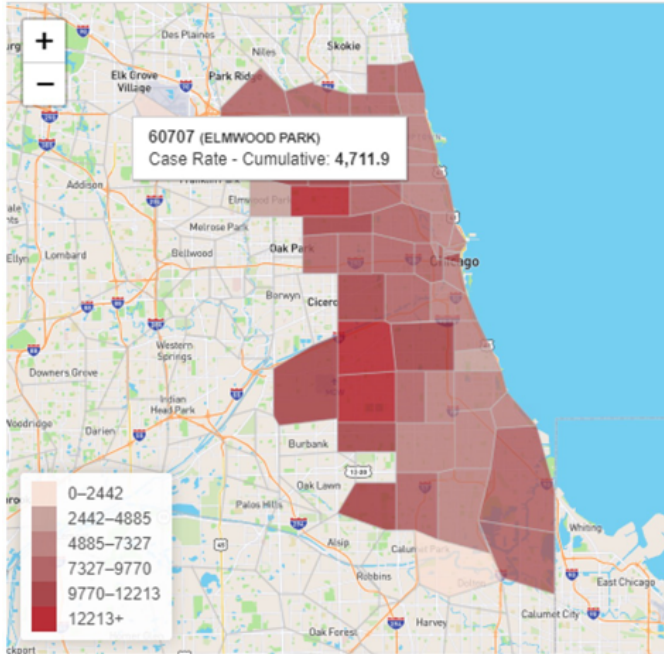
ourselves, our relationships and our systems, in order to unleash our collective potential.

WE WIN TOGETHER TRANSFORMATION FRAMEWORK



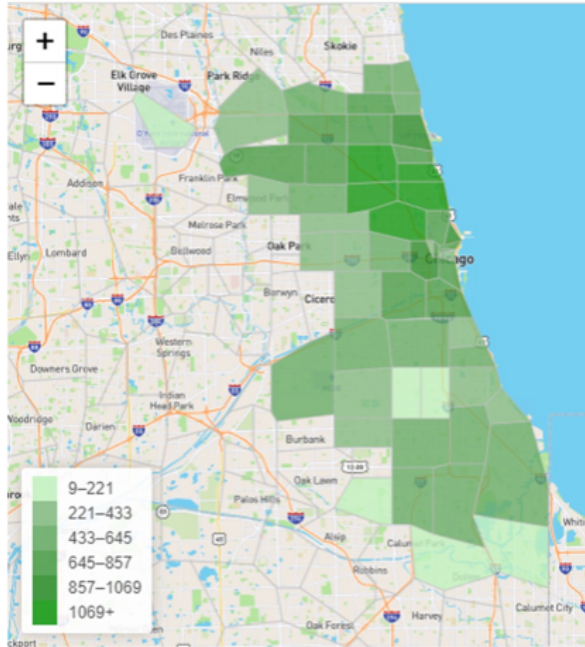
Case Rate per 100k Population

Source: Chicago zipcode correlations



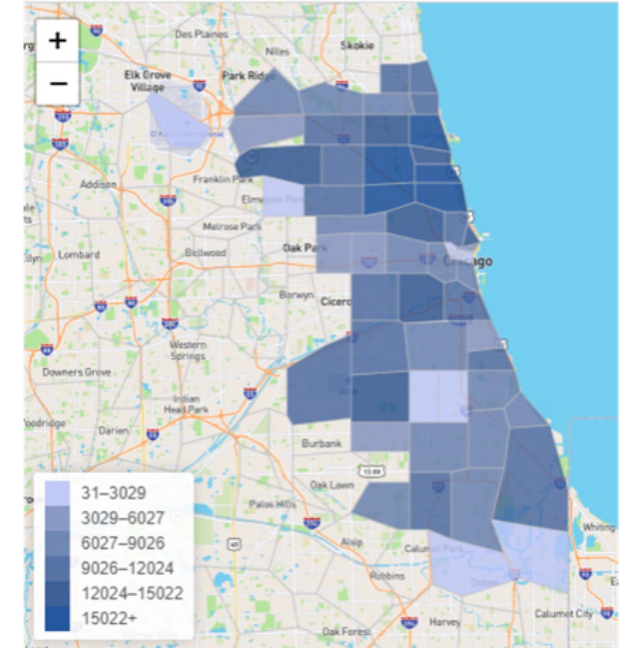
Number of Loans

Source: Chicago zipcode correlations



Total Doses

Source: Chicago zipcode correlations



THE NEW REDLINING – COVID CASES, PAYCHECK PROTECTION PROGRAM LOANS, AND VACCINATIONS IN CHICAGO

COMMUNITIES RISE PARTNERS -2400+ CBOS ON THE GROUND WHO BRING DEEP DECADES LONG EXPERIENCE TO REACHING HARD TO REACH COMMUNITIES



Facilitated by




RISE PILLARS OF ACTION

A close-up photograph of two hands shaking, symbolizing agreement or partnership. The background is blurred, showing an indoor setting.

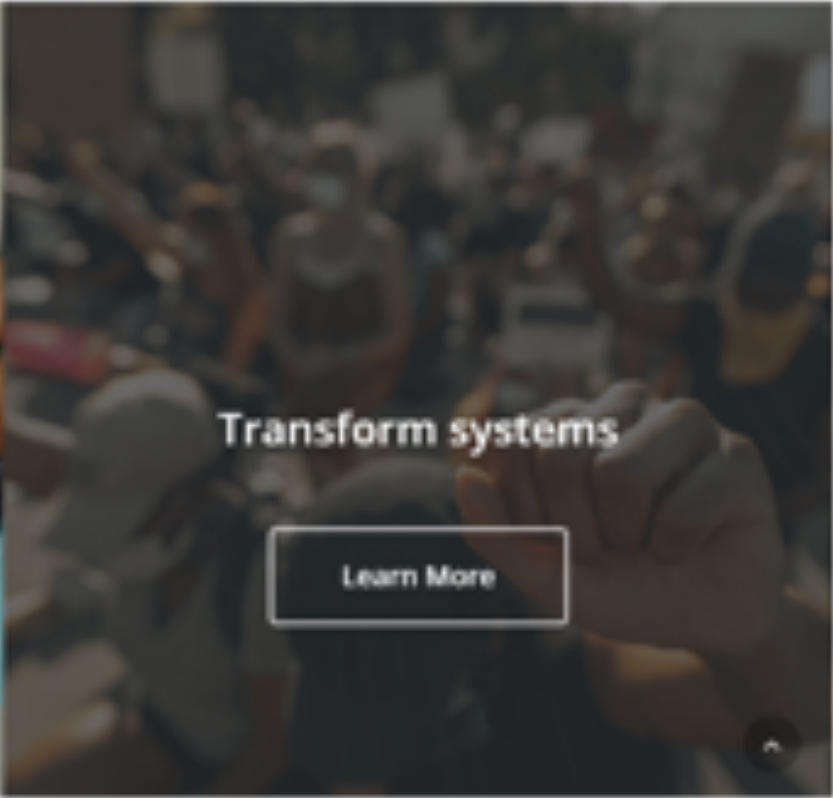
Build Trust

[Learn More](#)

A person wearing a blue t-shirt with a logo is holding a small globe. They are standing outdoors, and another person's hand is visible near a white bag.

Deepen Civic
Capacity

[Learn More](#)

A photograph of a large crowd of people, many of whom are wearing white masks, suggesting a protest or a public gathering.

Transform systems

[Learn More](#)

The background of the infographic is a blurred photograph of a grocery store aisle. A prominent red sign with the word "Produce" in white script is visible in the upper right. Below it, a green sign with the text "For you!" is partially visible. The overall lighting is soft, and the focus is on the text overlaid on the image.

13

partners with deep roots working with communities experiencing inequities.

25+

states engaging in equitable vaccinations, civic capacity building and system change

200+

communities working together to create the conditions for everyone to thrive

44M+

people reached

184,000

people vaccinated (approx.)

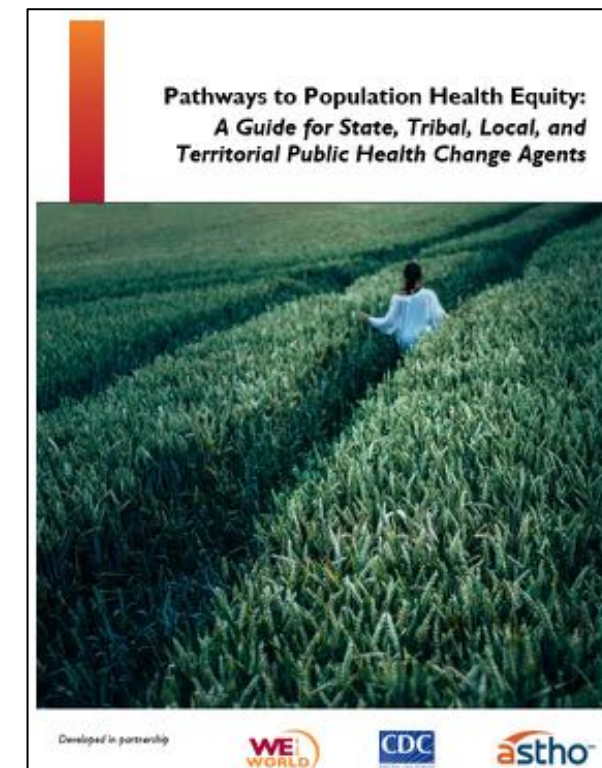
215,000

people (approx.) connected to basic needs (food, housing, etc)

PATHWAYS TO POPULATION HEALTH EQUITY



- Developed with public health change agents and communities across the country at the request of the Centers for Disease Control and Prevention
- Adapts an existing framework for health equity that has already resonated with other sectors in health care, faith, and business, as well as with community residents to be used in public health
- Practical tools to take action, regardless of where you are on your population health and equity journey
- Connects you with the best available tools and strategies to take action
- Aligned with other tools and processes in public health – eg, PHAB standards



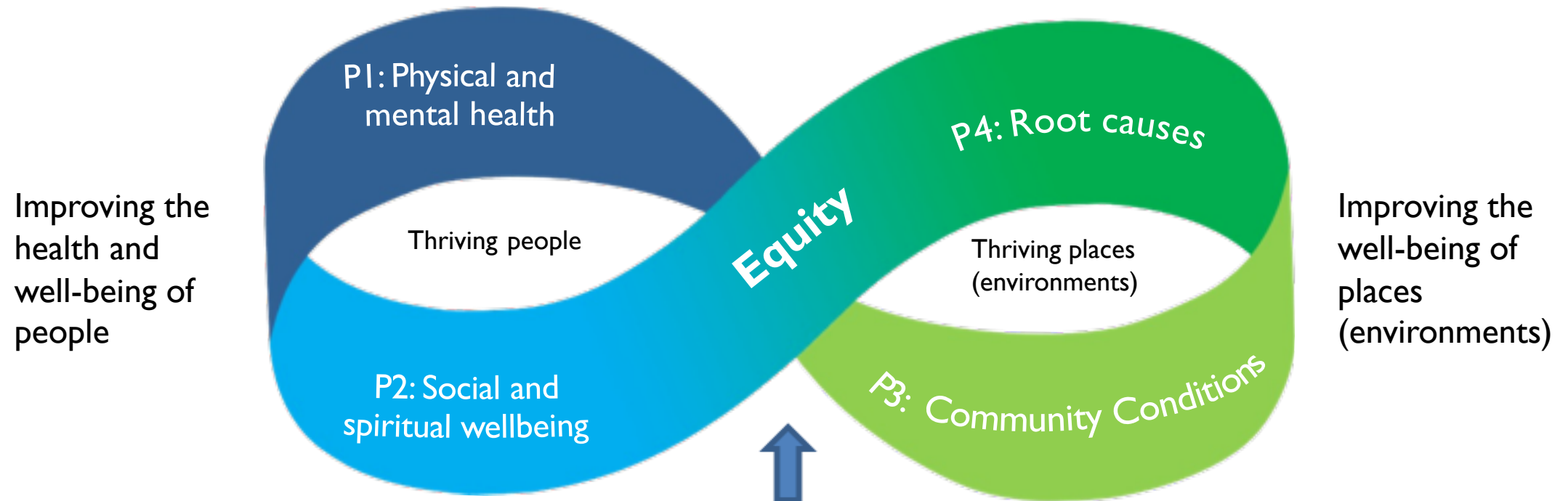
ROADMAP TO POPULATION HEALTH EQUITY



BALANCED STRATEGY PORTFOLIOS TO ACHIEVE POPULATION HEALTH EQUITY



PATHWAYS TO POPULATION
— HEALTH EQUITY —



Transforming inequitable structures and systems together with those who experience inequities

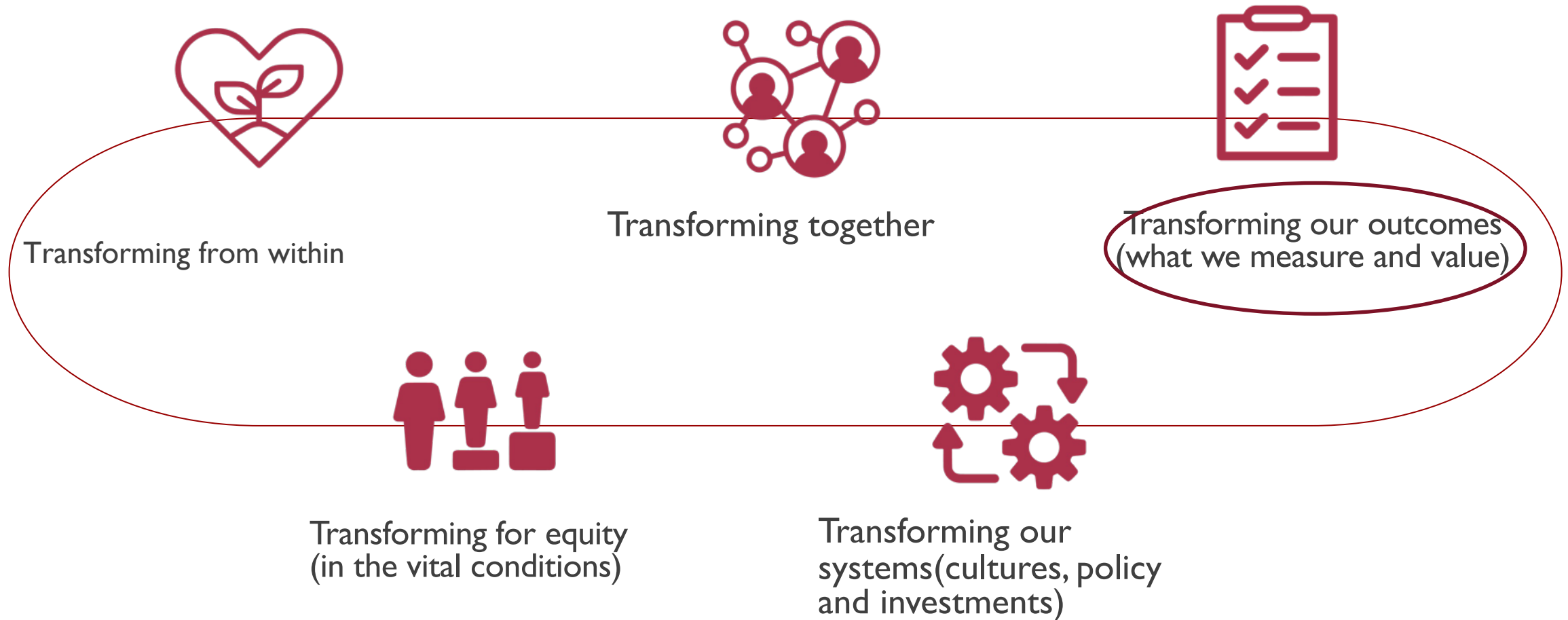
PATHWAYS TO POPULATION HEALTH EQUITY

IMPROVE THE HEALTH & WELL-BEING OF PEOPLE

IMPROVE THE HEALTH & WELL-BEING OF PLACES & COMMUNITIES



WE WIN Together Transformation Framework



Well-being In the Nation (WIN) Measurement Framework (NCVHS Framework)

1. Core measures

Well-being of people

Well-being of places

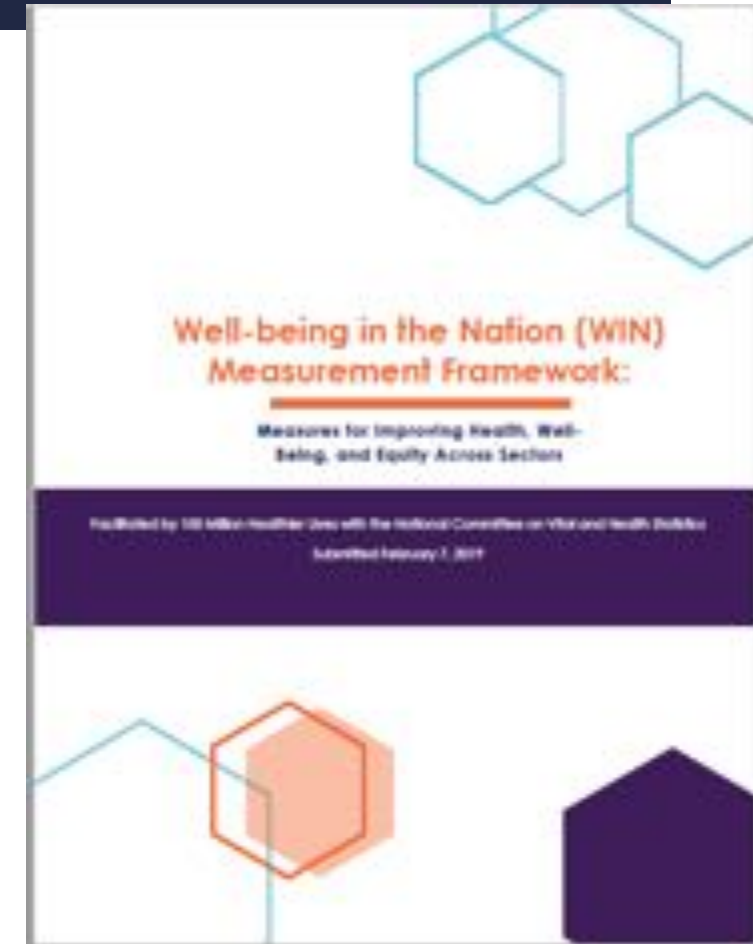
Equity

2. Leading indicators

12 domains and associated subdomains related to determinants of health (upstream, midstream, downstream)

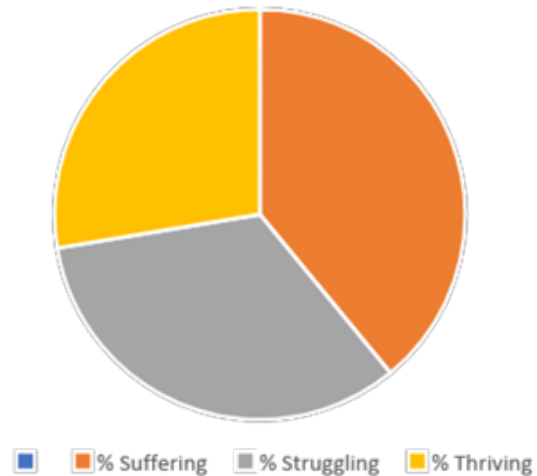
3. Full flexible set (developmental measures)

12 domains and associated subdomains



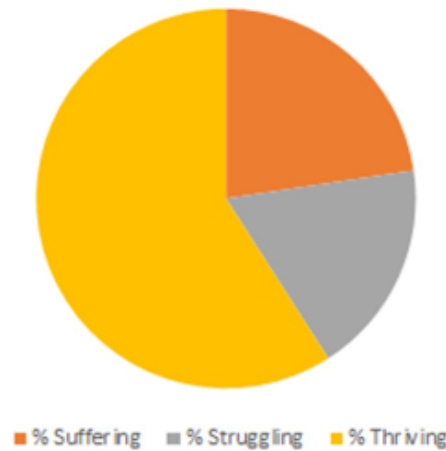
CONTRIBUTORS TO POOR WELL-BEING IN PEOPLE WITH MENTAL HEALTH AND ADDICTIONS IN DELAWARE POST-COVID-19

Financial security



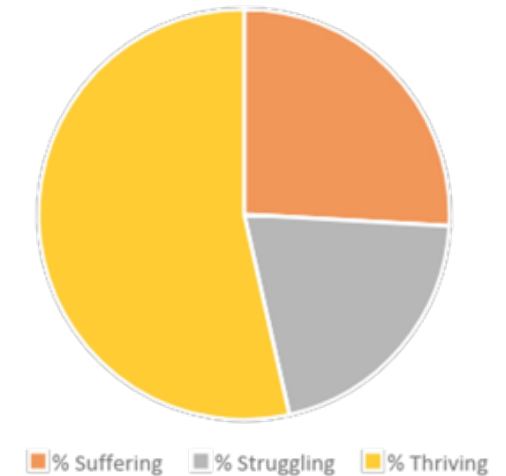
n = 430

Loneliness



n = 456

Social Support



n = 454

ORGANIZING YOURSELF TO IMPROVE THE WELL-BEING OF PEOPLE: DELAWARE

1. Understood who might be in the highest risk, 4. Care managers outreach to people who are at highest or rising risk; part of all in-reach
2. Used a few simple questions to risk stratify and rapidly assess needs
 1. Overall well-being and hope
 2. Financial well-being
 3. Loneliness
 4. Social supports
 5. Housing, legal needs
 6. COVID symptoms
3. Planned for what happens to anyone who screens positive including “outreach failures”
5. Connect people reliably to needed support whether they be around primary care, behavioral health or social needs through integration with 2-1-1 and community providers
6. Follow up to assure they get the help they need using team-based care
7. Big White Wall implementation and warm handoff for anyone – with back end integration into state telehealth support systems



- % people thriving
- % people struggling
- % people suffering

DELAWARE OUTCOMES



Get Tested



Current
Restrictions [↗](#)



Unemployment
Assistance [↗](#)

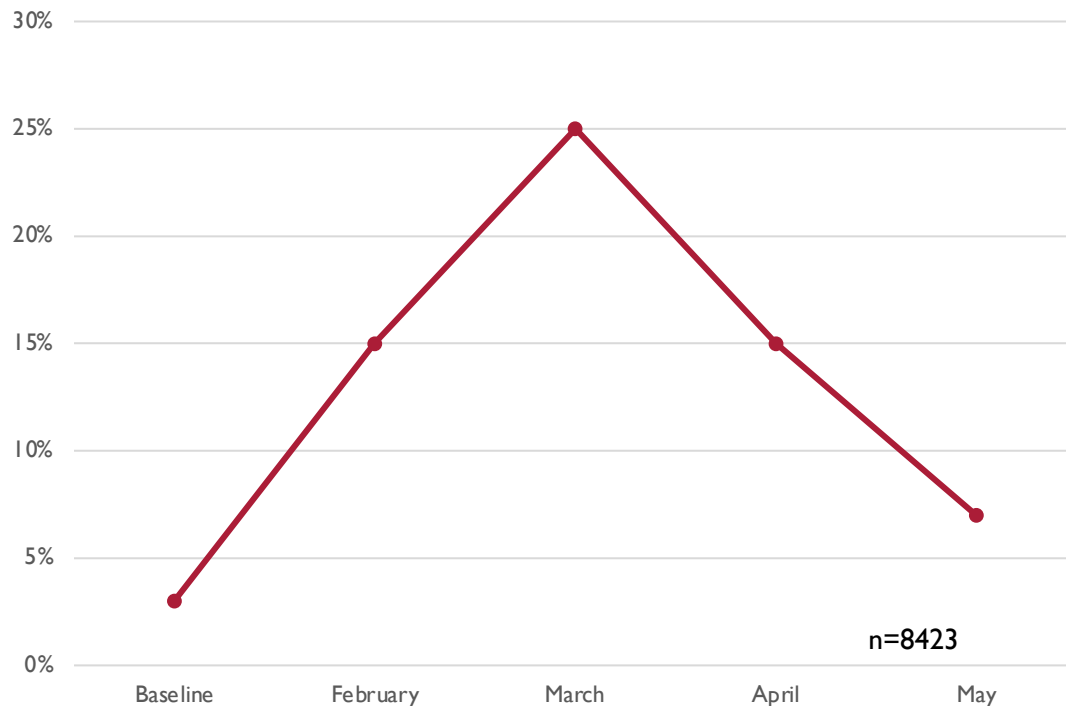


Relief and Support



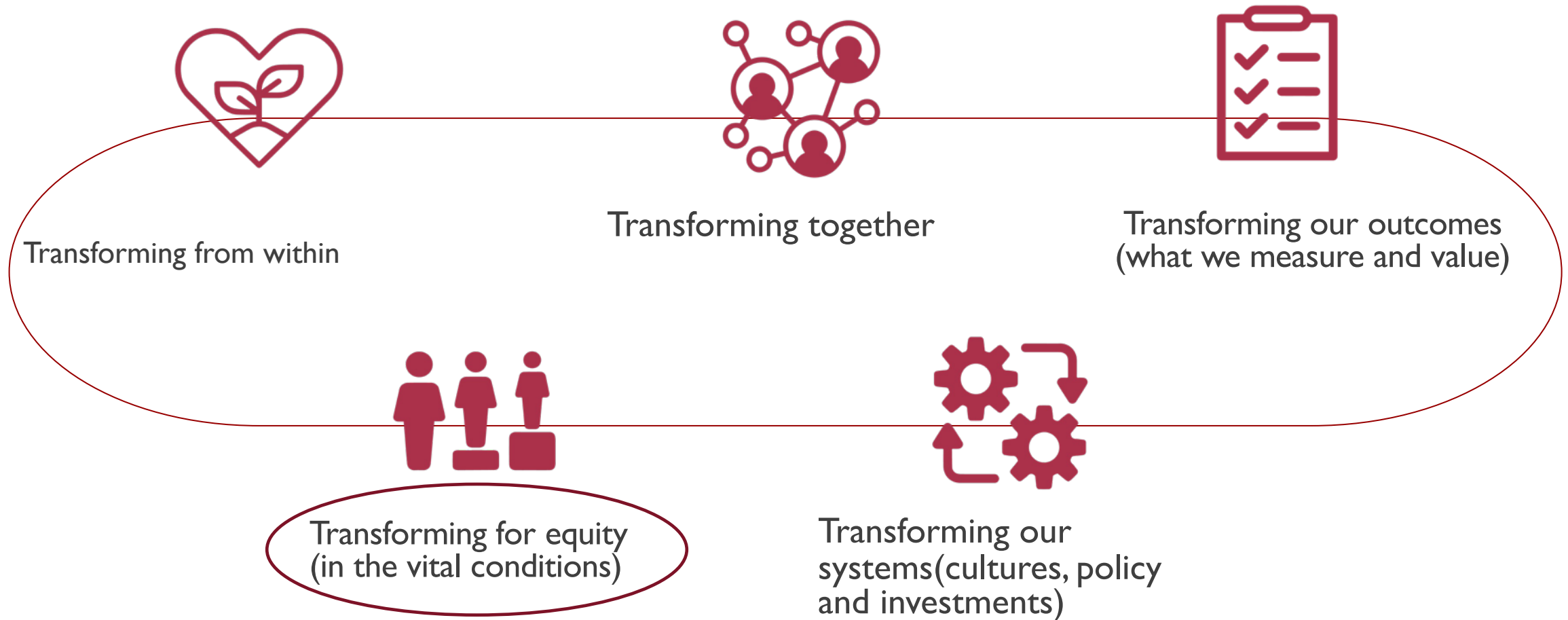
FAQ

% Patients who are Suffering



- Overdose rates increased by only 3.6% compared with national average of 23%
- Reduced incarcerations (diversion)
- Reduced homelessness among the most vulnerable
- Data systems across sectors
- Improved access for everyone leveraging telehealth and online supports (Support Wall)

WE WIN TOGETHER TRANSFORMATION FRAMEWORK

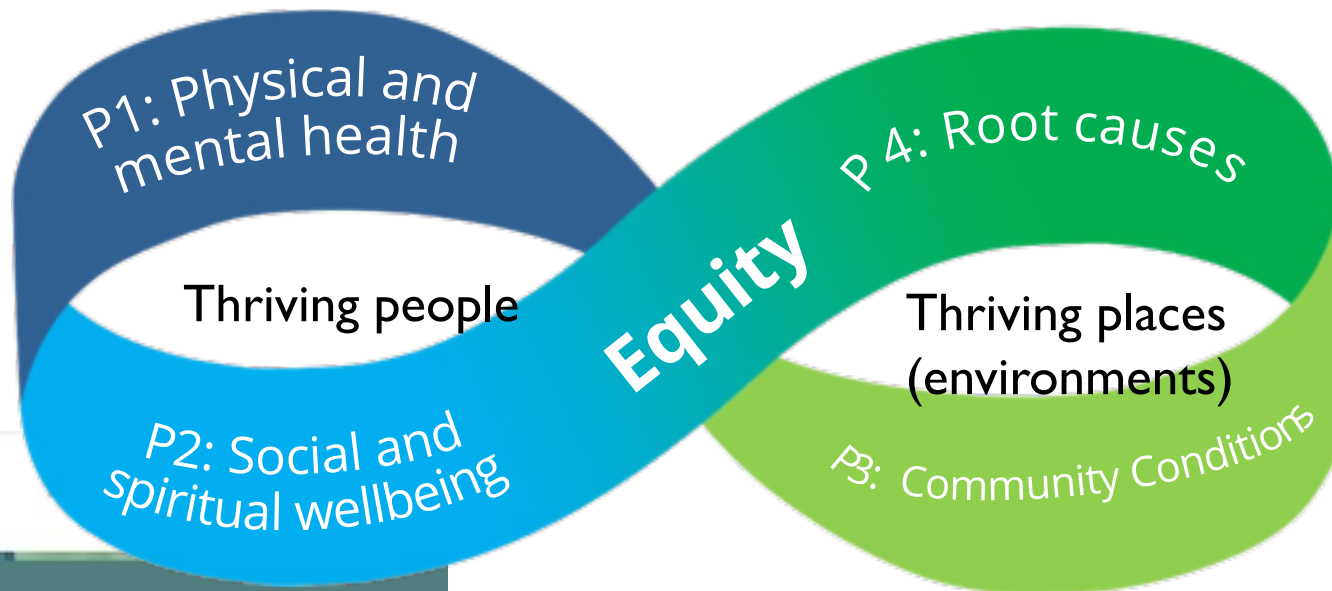


CONETOE, NORTH CAROLINA



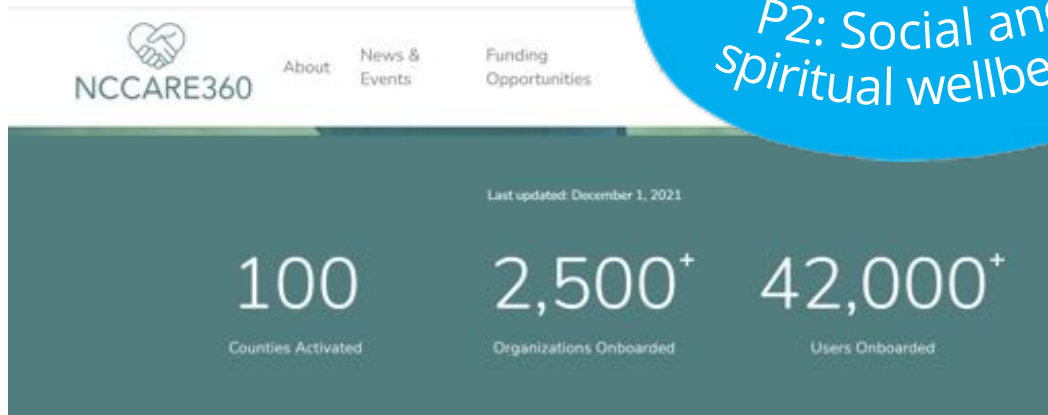
ADVANCING HEALTH EQUITY IN THE CONTEXT OF COVID IN NORTH CAROLINA

Food and housing assistance
distributed alongside COVID
vaccines

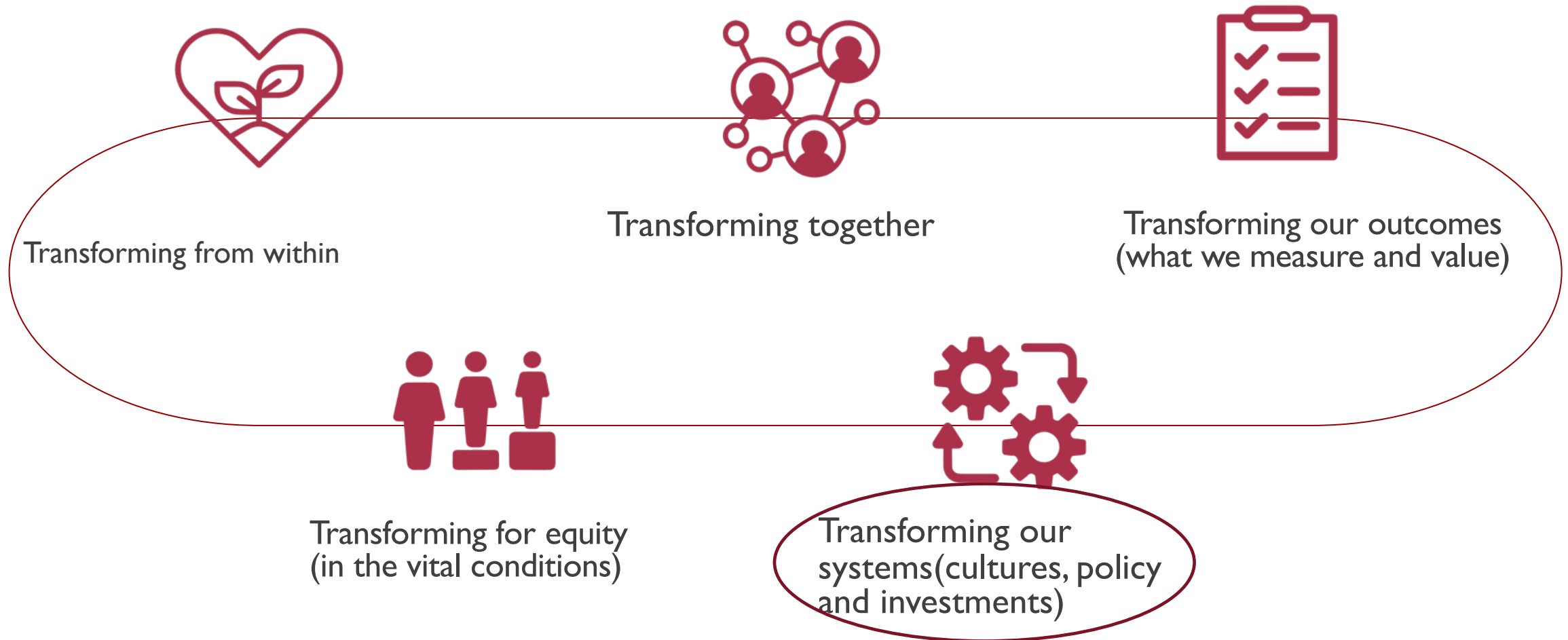


Change in food and
health care policy

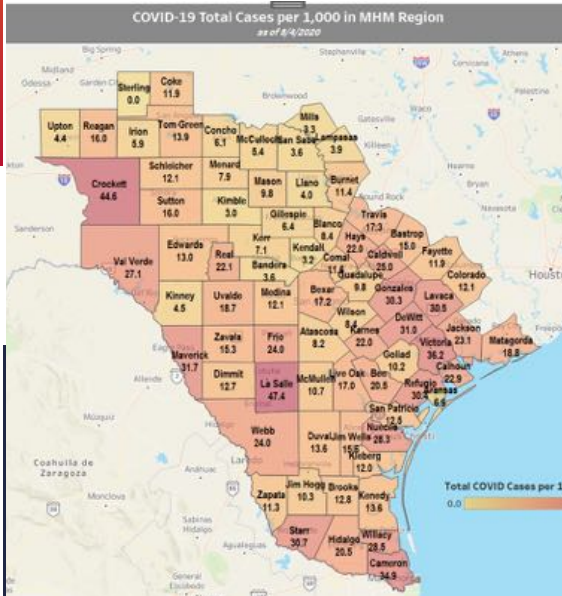
Support minority farmers to own their
own food production



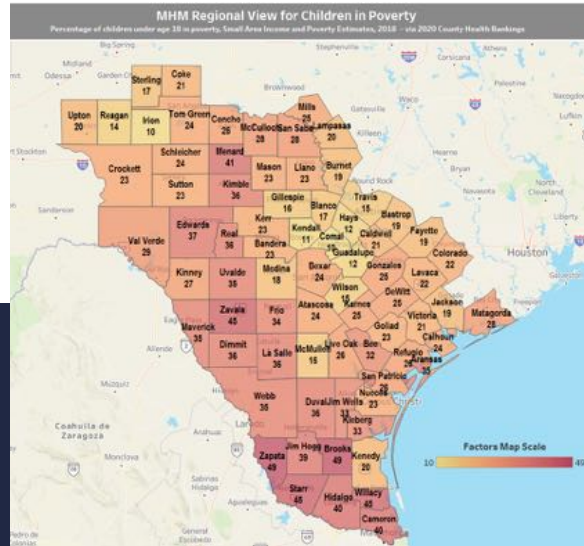
WE WIN TOGETHER TRANSFORMATION FRAMEWORK



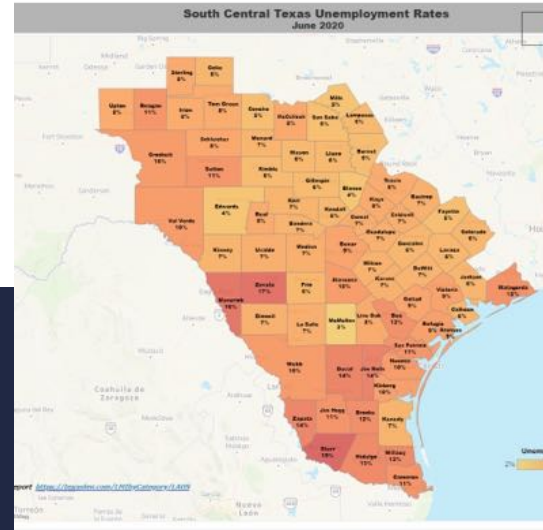
COVID Cases



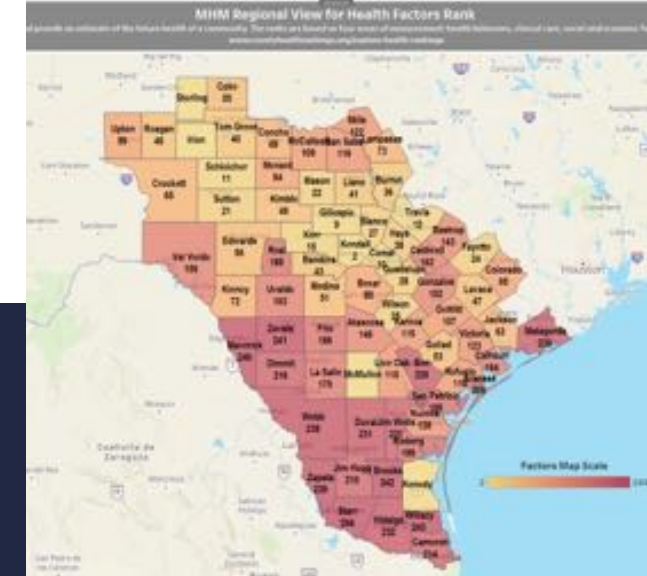
Child poverty



Unemployment

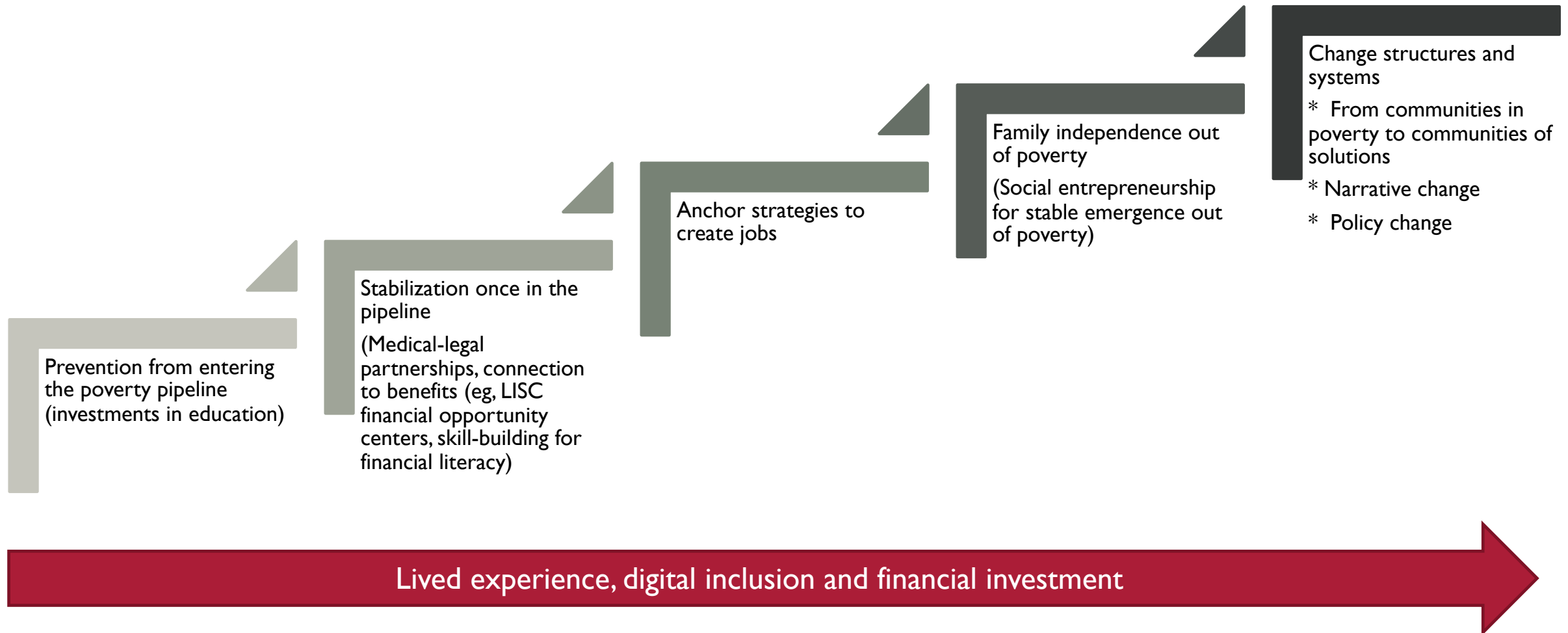


Health status



APPLYING AN ASSET-BASED APPROACH IN THE SOUTH OF TEXAS

REVERSE THE INTERGENERATIONAL POVERTY ESCALATOR



Well Being In the Nation Network (WIN)



What is WIN?

A strategic network coming together to advance intergenerational well-being and equity.

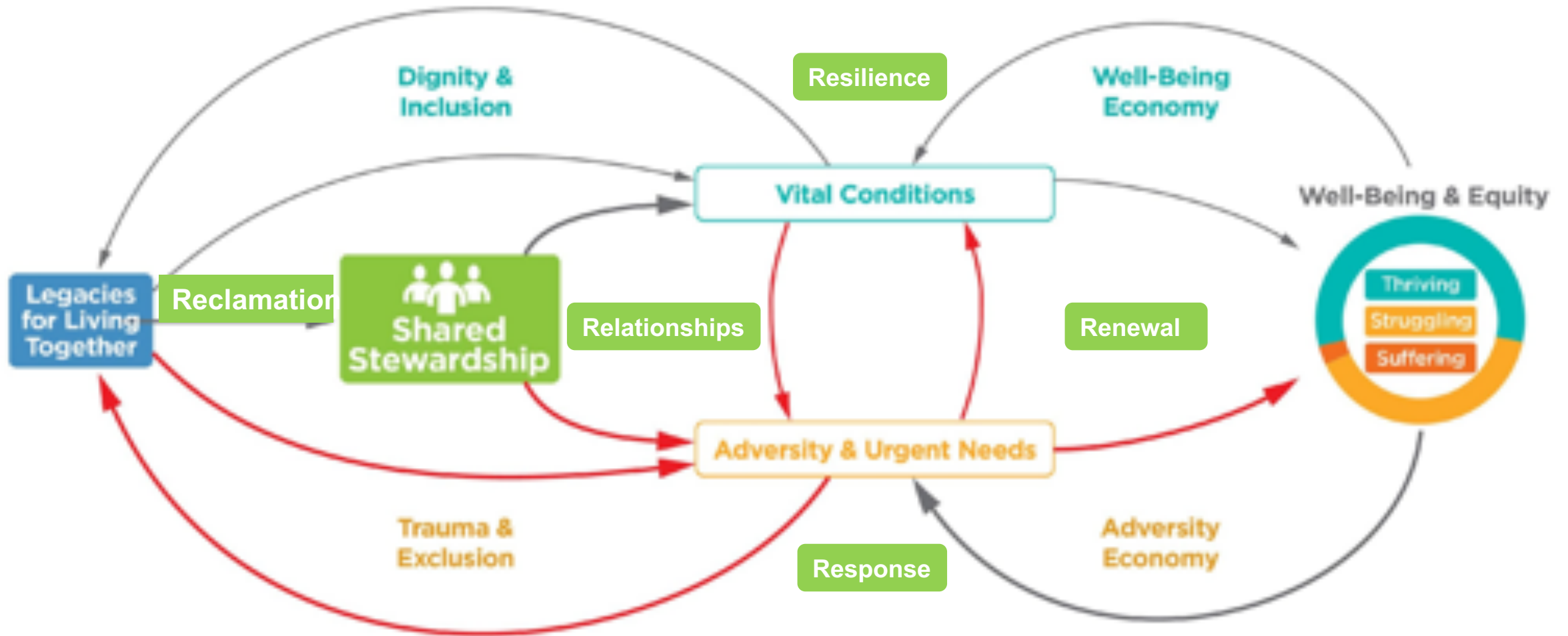
Who is in WIN?

A diverse and growing number of people, organizations and communities across ages and places (including those who confront challenges every day).

What do we work on?

- Changing the culture and systems that perpetuate legacies of trauma and exclusion to ones which create dignity and inclusion
- Advancing the vital conditions that everyone needs to thrive

WIN Theory of Change for Thriving Together





WIN NETWORK

VITAL CONDITIONS FOR WELL-BEING

Vital conditions are properties of places and institutions that all people need to participate, prosper, and reach their full potential. We encounter them on day one and depend on them every day of our lives. They also persist over generations.



FEDERAL PLAN



ABUNDANCE

“Abundance does not happen automatically. It is created when we have the sense to choose community, to come together to celebrate and share our common store. Whether the scarce resource is money or love or power or words, the true law of life is that we generate more of whatever seems scarce by trusting its supply and passing it around. Authentic abundance does not lie in secured stockpiles of food or cash or influence or affection but in belonging to a community where we can give those goods to others who need them—and receive them from others when we are in need.”

-Parker Palmer, “Let Your Life Speak”



JOIN US!

Well-being and Equity (WE) in the World - www.weintheworld.org

Well Being In the Nation Network – www.winnetwork.org

Pathways to Population Health Equity – www.publichealthequity.org

Somava Saha – somava.saha@weintheworld.org

CONECT
20
22

The logo consists of the word "CONECT" in a bold, blue, sans-serif font. A thick purple horizontal line with arrowheads at both ends passes through the middle of the letters. To the right of the word, the year "2022" is displayed in an orange, stacked format.

CHICAGO, ILLINOIS