



A Healthier North Dakota for All

Our Focus Areas

1 Children's Health

To promote the health of our children is to lay the groundwork for the future of our state. All children and youth deserve to have their nutrition needs met and to live actively by running, playing, and participating in sports. And, we need our communities to help build health-promoting environments for children.

2 Hunger

It might surprise people outside of North Dakota to know that people still face hunger in a food-producing, agricultural state like ours. Over 36,000 North Dakotans need better access to nutritious, healthy foods. We're bringing together health and hunger relief advocates from across the state to promote food access.

3 Wellness Vaccines

Wellness vaccines are an essential part of preventative health care and disease eradication. From the time wellness vaccines arrived in our state, North Dakotans have dutifully and safely gotten immunizations from infancy and throughout their lifespan to prevent their own illness and protect their communities from life-threatening or life-altering diseases.

When our communities enjoy good health, we all prosper by experiencing lives free from the interruptions of illness.

Our Mission

The Foundation for a Healthy North Dakota promotes health and wellness by empowering communities, families, and individuals to build a healthier North Dakota. Founded in 2022, we proudly serve the 53 counties of North Dakota.

Our Values

We know that healthy communities, families, and individuals are vital to the success of our state now and in the future. We believe members of our communities want the best health outcomes for themselves, each other, and all North Dakotans. By working in collaboration with local communities, we can help identify and remove health barriers, and build a healthier North Dakota.

We empower communities, families, and individuals to make our state a healthier place.

As a newly established and growing coalition, we want to hear from you about your community's health needs and barriers. We plan to grow with the communities we serve, focusing on what health issues matter most to them and collaborating on solutions, together.

Join Us

We are building a state-wide coalition, focusing on local communities working together to reach better health outcomes for all North Dakotans. By joining the coalition, you will connect and learn with fellow North Dakotans who want to create a vibrant, healthy future for their communities.

Coalition members will receive:


- Educational opportunities.
- Digital advocacy tools.
- Legislative updates.
- Connections to community members advocating for health.



Telling Your Health Stories

To kick off our work, we are conducting community listening sessions, interviews, and collecting stories about health in North Dakota.

The people who live in a community know best what it needs to thrive. By sharing your stories with us, you'll help co-create solutions around health. Your stories will shape our approach to community health across North Dakota. And your investment in your community will be the start of positive change. Any toolkits or content developed with the community belong to the community.

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